Faculty & Staff Summer Programs

OUTDOOR RECREATION

TRIPS  Canoe Patagonia Lake, Moonlight Hike Wasson Peak, Intro to Kayaking, Climb Mt. Lemmon

RENTALS  Everything you could possibly imagine!

SCUBA LESSONS  Try Scuba  |  Begins July 5

CHALLENGE COURSE  Team Building, Low and High Ropes ... We can even come to you!

Contact:  Andrew Huff  andrewhuff@email.arizona.edu

FITNESS & PERSONAL TRAINING

GROUP FITNESS CLASSES  Noon & Early Morning
GF Pricing:  Session 1 or 2:  $29/mbr & $39/nmbr; Both:  $55/$65

SPECIALTY FITNESS CLASSES  Wildcat Weight Loss, Strong Women, Intro to Yoga

PERSONAL TRAINING  June “New Client” Special:  10% OFF PT packages (code NEWJUNE)

New SMALL GROUP TRAINING  PT with friends  |  FITNESS 2U  We can come to you!

Contact:  Jenny Kuzmic  jkuzmic@email.arizona.edu

WELLNESS & ACTIVITIES

ACTIVITY AND WELLNESS CLASSES
Dance, Martial Arts, Fine Arts, Wine Glass Painting, Tea Tasting, Labyrinth Tours, Juicing Workshops  |  Activity Classes start June 6

Contact:  Allison Brown  allisonbrown@email.arizona.edu

SPORTS & POOL

INTRAMURAL SPORTS  Faculty/Staff Softball and Kickball  |  Intramural Sports start June 6

AQUATICS  Swim Lessons for All Ages, Open Lap Swim  |  Long Course starts May 16

Intramurals Contact:  Matt Macer  macer@email.arizona.edu

Aquatics Contact:  Jackie Pryor  jaclynpryor@email.arizona.edu

YOUTH & FAMILY

SESSIONS  Youth Yoga, Family Self Defense, Family Zumba, Parents’ Night Out

SUMMER CAMP  “A” Camp (10 weekly themed youth camps)  |  “A” Camp runs May 31—August 5
Faculty/Staff Camp Special:  10% OFF (code STAFF10)

Contact:  Sam Wallace  swallac3@email.arizona.edu

Get Active. Live Healthy. Be Well. Campus Recreation.  For More Information: rec.arizona.edu