Getting to The University of Arizona Campus Recreation Center is easier than you think . . .

Whether you are driving, walking, biking or taking the Cat Tran, Campus Recreation is easily accessible from all areas on or off campus.

All of the given routes can be modified to meet your needs and to keep your walk fresh. These are just a sample from around campus.

It can even become part of your workout routine...

Click here to see our Walking Information Home page.

Click here for - Campus Rec Parking Information

Click here for – Cat Tran Information

Click here for - UA Bike Information
Incorporate getting to Campus Recreation as part of your workout routine. Walking to Campus Recreation becomes your workout warm up and walking back becomes your workout cool down. Click on the location closest to you for more information and specific map / routes. The chart below shows steps, miles and times one way.

<table>
<thead>
<tr>
<th>Location</th>
<th>A</th>
<th>B</th>
<th>C</th>
<th>D</th>
<th>E</th>
<th>F</th>
<th>G</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student Union / Bookstore</td>
<td>1130</td>
<td>1213</td>
<td>0.50</td>
<td>0.42</td>
<td>9</td>
<td>8</td>
<td>60</td>
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<tr>
<td>Hillenbrand Stadium</td>
<td>1356</td>
<td>1643</td>
<td>0.60</td>
<td>0.74</td>
<td>12</td>
<td>15</td>
<td>78</td>
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<td>University Medical Center</td>
<td>3390</td>
<td>3443</td>
<td>1.40</td>
<td>1.55</td>
<td>27</td>
<td>30</td>
<td>180</td>
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<tr>
<td>Parking Lot 7th &amp; Highland</td>
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<td>286</td>
<td>0.20</td>
<td>0.18</td>
<td>4</td>
<td>2</td>
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<tr>
<td>Parking Lot Highland south of 7th</td>
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<td>412</td>
<td>0.30</td>
<td>0.25</td>
<td>6</td>
<td>3</td>
<td>36</td>
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<td>Parking Lot east of Sitton Field</td>
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<td>0.30</td>
<td>4</td>
<td>4</td>
<td>30</td>
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<tr>
<td>Garage - 6th Street</td>
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<td>672</td>
<td>0.30</td>
<td>0.31</td>
<td>5</td>
<td>5</td>
<td>36</td>
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<td>Garage - Cherry</td>
<td>678</td>
<td>1009</td>
<td>0.30</td>
<td>0.35</td>
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<td>Garage - Main Gate</td>
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<td>2176</td>
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<td>17</td>
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<td>Garage - Park Avenue</td>
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<td>2682</td>
<td>1.00</td>
<td>1.22</td>
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<td>24</td>
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<td>Garage - Highland</td>
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</table>

- **A**: Steps based on an average stride of 2.35 feet
- **B**: Steps based on actual stride of 2.17 feet (40 + female 5’5” tall) with aid of a pedometer
- **C**: Mileage based on Google Maps walking directions
- **D**: Mileage based on actual walk with aid of a pedometer
- **E**: Time based on Google Maps walking directions
- **F**: Time based on actual walk (40 + female - average fitness - approx. 22 minute per mile)
- **G**: Calories based on average speed of 3 mph (360 / hour) May vary greatly by each individual
There are several parking options near Campus Recreation.

The 6th Street Garage is just a 1/4 mile away, a walk of 7 minutes or less.

There are 3 parking lots south of 6th that are each less than a 1/4 mile away, a walk of 6 minutes or less.

**TIP** - The lot east of Sitton Field almost always has open parking spots.

**TIP** - ALL of the lots south of 6th are free after 5pm weekdays and all weekend long (not including ICA game nights).
The 6th Street Garage is on the North side of 6th street just West of Highland.

The first lot south of 6th is directly south of Campus Recreation on the Southeast corner of Highland and 7th.

Campus Recreation
Parking Options –
6th Street Garage
& Lots South of 6th

Walking info home

The second lot south of 6th is actually east of Campus Recreation on the south side of 6th (just east of Sitton Field).

The third lot south of 6th is on the east side of Highland south of 7th.
Student Union Memorial Center to Campus Recreation

The walk to or from Campus Recreation from The Student Union Memorial Center is only a half mile and takes just about 9 minutes to walk.

There are a lot of different routes that would be about the same distance but would have more trees and grass making the walk a little more enjoyable.

Walking info home
Hillenbrand Stadium to Campus Recreation

All three routes shown to or from Hillenbrand Stadium to Campus Recreation are just over a half a mile and take about 12 to 15 minutes to walk.

All three walks are nice with shade trees and grass.
University Medical Center to or from Campus Recreation

Both routes are the same distance of 1.4 miles and take about 27 minutes to walk, however the route on the left is a prettier walk with some trees and shade along the way.

The route on the right is a more direct route and does not have as many shaded tree areas. It does follow Campbell Avenue which can be rather busy; but the traffic can actually create a nice breeze.

There are quite a few options some of which can shorten the distance slightly.
Walking to or from the Cherry Avenue Garage skirts Arizona Stadium and is just under a half mile taking just over 5 minutes to walk.

Depending on the time of year and the time of day you may want to change the route to either maximize the amount of shade or the amount of sunlight (warmth).

The East route is slightly longer, but it is a prettier walk.
Walking from the Tyndall Avenue Garage to or from Campus Recreation takes about 12 minutes and is just over a half mile (depending the route taken).

The most direct route is highlighted with the blue dots and has shade trees on the south side of the street for most of the way.
Main Gate Garage to or from Campus Recreation is just under one mile and takes about 17 minutes. The east route in blue dots is the prettier of the two routes shown.

There is a third option not shown it is about the same distance and follows University Avenue onto the UA Mall. Again a little nicer of a walk and gives you the opportunity to grab something at the Student Union.
All three routes are the same distance of one mile taking about 20 minutes to walk to or from the Park Avenue Garage to Campus Recreation.

However, the 2 east routes in gray may be a little easier to either cross or go under Speedway Blvd.

The west route in blue dots is a prettier walk with lots of trees and grass but more difficult to cross Speedway. It would be best if taking this route to cross Speedway at Park then follow the given route.

Walking info home
Highland Avenue Garage to Campus Recreation

The walk from the Highland Avenue Garage to or from Campus Recreation is just under one mile and takes approximately 14 to 18 minutes to walk depending on the route chosen.

Both routes are similar in distance, time and both are equally nice (pretty walks) with lots of trees, and grass along the way.
Rather not walk or are you just too far to walk . . . How about using the UA Cat Tran; with easy to read schedules and even a new app it couldn’t be any simpler. Without having to worry about parking, or traffic you can take the time to relax, listen to music, play games on your phone or catch up on some reading . . . The time is yours . . .

For up to date Cat Tran information and schedules please visit the UA Parking And Transportation / Cat Tran Shuttle Website at:

https://parking.arizona.edu/alternative/cattran.php

Or for information on the go – download the free TransLōc Real-Time Vehicle Tracking app. It is available for iphones, ipads, ipod touches, Android smartphones and tablets.

With TransLōc Real-Time Vehicle Tracking you are able to see the real-time location of all vehicles, and announcements that might impact your ride.

The app is available via the QR code above or for easy download instructions for your device please visit:

http://www.arizona.transloc.com/info/mobile
Biking to Campus Recreation is a quick and easy alternative to driving, walking or using the Cat Tran. All of the walking routes can be used for bike routes or can easily be modified to better suit riding a bike.

For a detailed Campus Bike Route map click the link below: