OUTDOOR ADVENTURES

CAMPING AND HIKING,
GRAND CANYON NATIONAL PARK
APRIL 22-24, 2016

TRIP DESCRIPTION: Come join Outdoor Adventures for a scenic tour of the Grand Canyon! Venture to the beautiful southern rim of Grand Canyon National Park. We will spend the weekend camping in Mather campground and doing various hikes in the park.

We will hike down into the canyon, as well as explore some of the trails to overlooks along the rim of the canyon.

Exertion Level: Moderate

ITINERARY:

Friday:
2:30pm  Meet at OA
3:00pm  Depart for the Grand Canyon
10:00pm Arrive at the South Rim Campground, set up camp, go to bed

Saturday:
All-Day Hike at Grand Canyon National Park

Sunday:
7:00am  Wake up and make breakfast
8:30am  Final hike on the Rim Trail
11:30am Depart for Tucson
7:00pm  Approximate arrival at Outdoor Adventures, clean-up equipment
8:00pm  Trip End!

TRIP COST:  Student: $175  Non-Student: $215
PRE-TRIP MEETING: April 20, 6pm  SIGN-UP DEADLINE: April 20
REGISTER ONLINE AT: rec.arizona.edu/outdooradventures
EQUIPMENT LIST:

- Hiking shoes (well broken in)
- 2 Pair wool/synthetic socks
- Wool/polypropylene long underwear, top and bottom
- 1 Pair Shorts loose fitting, comfortable for hiking
- Long pants - protect legs from brush and rocks (loose fitting, comfortable for hiking)
- Short sleeved shirt
- Long sleeved shirt for sun protection and warmth
- Wool/fleece sweater or jacket AND a winter jacket
- Sunglasses
- Sun hat
- Wool/fleece hat and gloves
- Toiletry items (toothbrush, toothpaste, etc.)
- Money for meals and snacks en route
- Sunscreen
- Lip balm
- Camera (optional)
- *Day pack (Small Backpack for Hiking)
- *3 Water bottles - 1 Liter each
- * Sleeping bag rated to 0° F
- * Sleeping Pad
- * Small flashlight or headlamp
*May be borrowed from Outdoor Adventures at no additional cost.

PROVIDED BY OUTDOOR ADVENTURES:

- Transportation
- Lodging
- Meals (Saturday breakfast through Sunday lunch)
- Permits
- Leadership and instruction
- Cooking and camping equipment (tents, sleeping bags, stoves, lanterns)

THE OUTDOOR ADVENTURES PROGRAM is designed to get members of the university community involved with the natural world through adventurous, human-powered activities. These activities include hiking, backpacking, mountaineering, canoeing, whitewater rafting, rock climbing, bicycle touring, cross-country skiing and caving. Each trip offers opportunities for activity skill development, personal development, social interaction, and safe and enjoyable recreation. Environmental awareness is emphasized throughout each trip.