OUTDOOR ADVENTURES

MOAB SPRING BREAK ADVENTURE
March 12 - 19, 2016

TRIP DESCRIPTION:
Join Outdoor Adventures over Spring Break for the trip of a lifetime! Moab is a world-wide destination for outdoor recreation because of the beautiful scenery, excellent climate, and the spectacular trails. We will have the opportunity to ride some of the best single-track in the world - including the super classic Slick Rock Trail and Porcupine Rim Trail, and take in the spectacular views of the Colorado River from high on the plateau trails at Dead Horse Point State Park. We will also take advantage of the amazing hiking and rock climbing Moab also offers, including splitter cracks at Wall Street and great hikes to natural arches. We will camp at one of the group campgrounds in the Moab area. Can’t decide what to do for spring break? Then join Outdoor Adventures and do it all!

Exertion Level: Moderate/High

TRIP COST: Student: $450 Non-Student: $530
SIGN-UP DEADLINE: March 8, 2016
REGISTER ONLINE AT: rec.arizona.edu/outdooradventures
EQUIPMENT LIST:

- Hiking Boots/Shoes—must be well broken in!
- Biking Shoes
- 4 pair wool/synthetic socks
- 1 pair wool/polypropylene long underwear, top and bottom
- 4 pairs underwear
- 2 pairs padded bike shorts
- 1 pair long pants
- 1 pair hiking shorts
- 2-3 short sleeved shirts
- 1-2 long sleeved shirts
- Fleece pants
- Fleece/synthetic jacked
- Wool or synthetic puffy (WARM) jacket
- Rain Jacket
- Sun hat and glasses
- Warm Hat
- Toiletries
- Lip Balm and sunscreen
- Extra batteries for headlamp
- Camera (optional)
  - *Rock climbing harness, helmet, and shoes
  - * 3 Liters Water Storage - Bottles (e.g. Nalgene) or Bladders (e.g. Camelbak or Platypus)
  - * Headlamp
  - * Sleeping Bag rated to 0 degrees F
  - * Sleeping Pad

*May be borrowed from Outdoor Adventures at no additional cost

ITINERARY: (subject to change due to group and weather)

Saturday
6:00AM Arrive at Outdoor Adventures, Student Recreation Center. *Bring food or money for meals during travel
5:00PM Moab, UT campground—quick ride on Slick Rock Practice Trail if time allows

Sunday
Mountain bike ride on Porcupine Rim Trail

Monday
Hike to natural arch and/or hike to waterfall w/ swimming

Tuesday
Mountain bike at Dead Horse Point State Park

Wednesday
Rock climbing at Wall Street

Thursday
Bike, Hike, or climb—group decides!

Friday
7:00AM Depart for Tucson
7:00PM Approximate return to Tucson, clean gear, fill out trip evaluations
8:00PM Go Home!

PROVIDED BY OUTDOOR ADVENTURES:

- Transportation (15-Passenger Van)
- Meals (Saturday dinner through Friday breakfast)
- Entrance and camping fees
- Cooking and camping equipment
- Leadership and instruction

THE OUTDOOR ADVENTURES PROGRAM is designed to get members of the university community involved with the natural world through adventurous, human-powered activities. These activities include hiking, backpacking, mountaineering, canoeing, whitewater rafting, rock climbing, bicycle touring, cross-country skiing and caving. Each trip offers opportunities for activity skill development, personal development, social interaction, and safe and enjoyable recreation. Environmental awareness is emphasized throughout each trip.