OUTDOOR ADVENTURES

ROCK CLIMBING, COCHISE STRONGHOLD
FEBRUARY 26-28, 2016

TRIP DESCRIPTION: Designed for those looking to increase their technical climbing skills, our trip instructors will customize the trip’s curriculum to meet the goals of the participants. Topics may include: lead climbing and belaying, gear placement, anchor building, and climbing rescue skills.

We will spend two nights camping in the beautiful Chihuahuan desert of the Dragoon Mountains: amongst yucca, oaks, and grassland. Located near the fabled Tombstone, AZ, campers in Cochise Stronghold will have the opportunity to experience the spectacular desert stars, skies, and sunsets of the region. During the days we will explore some of the world’s best climbing on the limitless granite domes of Southern Arizona.

Cochise Stronghold is not only famous for rock climbing, but is also historically valuable because provided refuge to the Chiricahua band of Apaches—and Cochise himself—during the Apache Wars in the late 1800s. Legend has it that his treasure of turquoise is still hidden amongst the rocks!

Outdoor Adventures staff will cover lessons in belaying, rock climbing movement and technique, safety, and climbing ethics. The diverse rock features of Cochise Stronghold will allow you to develop your technique in many different styles of climbing movement. This trip is a unique opportunity to visit and climb at one of the best climbing destinations in the Southwest.

Climbing Magazine named Tucson the best city for rock climbing in the USA – come find out why!

Exertion Level: Moderate

TRIP COST: Student: $120 Non-Student: $145
PRE-TRIP MEETING: February 23, 6pm SIGN-UP DEADLINE: February 23
REGISTER ONLINE AT: www.rec.arizona.edu/outdooradventures
EQUIPMENT LIST:
- Hiking Boots/Shoes
- Camp Shoes
- 2 Pair Wool/Synthetic Socks
- Wool/Polypropylene Long Underwear
- Shorts (Loose Fitting, Comfortable for Hiking)
- Long Pants - Protect Legs From Brush and Rocks
  (Loose Fitting, Comfortable For Hiking)
- Short Sleeved Shirt
- Long Sleeved Shirt for Sun Protection
- Wool/Fleece Sweater or Jacket
- Rain Jacket and Pants
- Sunglasses
- Sun Hat
- Wool/Fleece Hat
- Toiletry Items (Toothbrush, Toothpaste, Etc.)
- Sunscreen
- Lip Balm
- Camera (optional)
- * 3 Water Bottles - 1 Quart Each
- * Small Flashlight or Headlamp
- * Climbing/Day Pack
- * Sleeping Bag rated to 20 F
- * Sleeping Pad
- * Rock Climbing Shoes
- * Rock Climbing Harness
*May be borrowed from Outdoor Adventures at no additional cost

ITINERARY:
Pre-trip Meeting
Wednesday:
6:00PM-8:00PM  Meet at Outdoor Adventures, Student Recreation Center. We will include basic equipment, belaying, and safety lessons in the meeting.

Climbing Trip
Friday:
3:00PM  Arrive at Outdoor Adventures.
7:00PM  Approximate arrival at campsite. Set up camp and climbing discussion.

Saturday:
Climbing, instruction
Sunday:
Climbing, instruction
3:00PM  Depart for Tucson
6:00PM  Approximate arrival at Outdoor Adventures. Unload and clean gear.
7:30 PM  Go home!

PROVIDED BY OUTDOOR ADVENTURES:
- Transportation (15-Passenger Van)
- Meals (Friday dinner through Sunday lunch)
- Entrance and camping fees
- Fully outfitted canoes and accessories
- Cooking and camping equipment
- Leadership and instruction
Trip cost does not include personal clothing and equipment or meals en route.

THE OUTDOOR ADVENTURES PROGRAM is designed to get members of the university community involved with the natural world through adventurous, human-powered activities. These activities include hiking, backpacking, mountaineering, canoeing, whitewater rafting, rock climbing, bicycling, cross-country skiing and caving. Each trip offers opportunities for activity skill development, personal development, social interaction, and safe and enjoyable recreation. Environmental awareness is emphasized throughout each trip.