**OUTDOOR ADVENTURES**

**ROCK CLIMBING, MT. LEMMON**

**TRIP DESCRIPTION:** *Climbing* Magazine named Tucson the best city for rock climbing in the USA – come find out why! We will be climbing on some of southern Arizona’s amazing granite walls in the Catalina Mountains on Mount Lemmon. This trip is appropriate for people without previous outdoor climbing experience. Instruction will include: use and care of equipment, safety systems, and rock climbing technique. Lunch is included.

Exertion Level: Low/Moderate

**TRIP COST:**
- Student: $45
- Non-Student: $55

**REGISTER ONLINE AT:** rec.arizona.edu/outdooradventures

**EQUIPMENT LIST:**

**PERSONAL EQUIPMENT AND CLOTHING:**
- Athletic shoes and socks (to hike to climbing site)
- Shorts or pants to climb in
- Shirt (long sleeves will provide extra warmth and/or sun protection)
- Wool/fleece sweater or jacket
- Camera (optional)
- “Climbing Shoes and Chalk”
- *3 water bottles, 1 quart each
- *Day pack
* may be borrowed from Outdoor Adventures at no additional cost.

**PROVIDED BY OUTDOOR ADVENTURES:**
- Transportation (15-Passenger Van)
- Lunch
- Climbing equipment
- Leadership and instruction

*Trip cost does not include personal clothing*

**ITINERARY:**
- **8:00AM** Meet at Outdoor Adventures, 7th Street entrance through big steel gates.
- **8:30AM** Depart for Mt. Lemmon
- **10:00AM** Climbing instruction and climbing
- **12:00PM** Lunch
- **1:00PM** Climbing
- **4:30PM** Return to trailhead and load trailer
- **6:00PM** Approximate return time to Outdoor Adventures

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**THE OUTDOOR ADVENTURES PROGRAM** is designed to get members of the university community involved with the natural world through adventurous, human-powered activities. These activities include hiking, backpacking, mountaineering, canoeing, whitewater rafting, rock climbing, bicycle touring, cross-country skiing and caving. Each trip offers opportunities for activity skill development, personal development, social interaction, and safe and enjoyable recreation. Environmental awareness is emphasized throughout each trip.

**OUTDOOR ADVENTURES**
Department of Campus Recreation
1400 E. 6th St., Tucson, AZ 85721
(520) 621-8233
rec.arizona.edu/outdooradventures