OUTDOOR ADVENTURES

INTERNATIONAL STUDENT DAY HIKE

January 24, 2015

TRIP DESCRIPTION: Enjoy this 5 mile hike through the thick saguaro forests of Saguaro National Park East. This trail will take us to historic sites of the Garwood family homestead including the old home and water tanks stocked with goldfish from cowboy days. Also get views of mighty Rincon Peak, the Catalina Mountains and the City of Tucson spread out before you. This trail has about 700 feet of elevation change. Sturdy footwear is required. Lunch is included. Exertion: moderate.

TRIP COST: Student: $45

SIGN-UP DEADLINE: January 21, 2015

REGISTER ONLINE AT: http://rec.arizona.edu/outdooradventures

PROVIDED BY OUTDOOR ADVENTURES:
• Transportation (15-Passenger Van)
• Lunch
• Entrance fees
• Leadership and instruction

Trip cost does not include personal clothing and equipment.

EQUIPMENT LIST:
• Lightweight hiking boots or tennis shoes
• Comfortable clothes for hiking
• Wool/fleece sweater or jacket
• Rain jacket and pants
• Camera (optional)
• 3 water bottles, 1 quart each
• Day pack

* May be borrowed from Outdoor Adventures at no additional cost.

ITINERARY: Sunday:
9:00am Depart Outdoor Adventures
10:00am Hiking and picnic lunch
2:00pm Hike to trailhead
3:00pm Return to Outdoor Adventures

THE OUTDOOR ADVENTURES PROGRAM is designed to get members of the university community involved with the natural world through adventurous, human-powered activities. These activities include hiking, backpacking, mountaineering, canoeing, whitewater rafting, rock climbing, bicycle touring, cross-country skiing and caving. Each trip offers opportunities for activity skill development, personal development, social interaction, and safe and enjoyable recreation. Environmental awareness is emphasized throughout each trip.

OUTDOOR ADVENTURES
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