



Day Hike Aspen Loop



Enjoy a beautiful hike through the aspens at the top of Mt. Lemmon in the Santa Catalina Mountains. Traverse through various parts of this sky island landscape, from exposed ridges with views of the city, to serene stands of aspen trees, rustling in the breeze.

Enjoy a retreat from the city on this stunning day hike and make a stop at some of the iconic shops and restaurants in the small village of Summerhaven, located at the top of Mt. Lemmon.

Itinerary

Subject to change

Day One:

- Meet at Outdoor Recreation
- Drive to Mt. Lemmon, arrive at trailhead
- Five minute initiative, a chance to give back to the natural areas around us
- Begin hike
- Stop for lunch midday
- Hike!
- Arrive back at vans midafternoon

- Tourist stops in Summerhaven for 1-2 hours
- Drive back to Outdoor Rec
- Arrive at OR late afternoon/early evening

PACKING LIST

- Hiking shoes or boots
- Hiking pants
- Synthetic (non-cotton) shirt
- Warm layers (fleece, “puffy jacket”)
- Rain jacket
- Personal lifesaving medication
- Water bottles (at least 2 liters) *
- Hat
- Sunglasses
- Sunscreen
- Day pack *
- Lunch and snacks
- Money for Summerhaven sightseeing

* May be reserved from Outdoor Recreation at no additional cost.

OUTDOOR PROVIDES

- Transportation
- Leadership and instruction

EXERTION LEVELS

