



CAMPUS HEALTH



**CAMPUS
RECREATION**

Health and Recreation Fee Advisory Board Fall Orientation;

Saturday, October 15, 2022

9:00am – 12:00pm

Campus Recreation; Parents Association Conference Room (PACR)

[Meeting Recording via Zoom](#)

<i>Time</i>	<i>Session</i>	<i>Presenter(s)</i>
9:00am – 9:15am:	<i>Welcome from Kendal Washington White, Vice Provost of Campus Life & and Dean of Students</i> Welcome, Intros & Overview	Abhijay Murugesan, Student Chair
9:15am – 9:30am:	By-Laws and guiding document	Abhijay Murugesan
9:30am – 9:45am:	H&R Student Fee Increase Review	Dr. David Salafsky and Troy Vaughn
9:45am – 11:00am:	FY22 Finance Report - Campus Health Services FY22 Finance Report - Campus Recreation	Shiela Soto, Campus Health Mayela Trevino, Campus Recreation
<i>Department Presentations</i>		
Campus Health Services: <i>Overviews</i>		
	<ul style="list-style-type: none"> • CHS Medical Services • Counseling and Psych Services (CAPS) • Health Promotion and Preventive Services (HPPS) 	<p>Dr. Michael Stilson</p> <p>Joel Gaffney Ph.D., Assistant Director</p> <p>Dr. David Salafsky</p>
Campus Recreation: <i>Overviews</i>		
	<ul style="list-style-type: none"> • Programs and Services 	Troy Vaughn
11:10am – 11:20am:	Additional Discussions, Questions and Answers	Abijay Murugesan
11:20am – 11:30am:	UA Student Representative/Board Member & Ex-Officio Board Member Positions & Review	Abijay Murugesan/Dr. David Salafsky
11:30pm – 11:40am:	Discussion/Elections for open Student Board Positions – <i>Open are Vice-Chair & Secretary</i>	Abijay Murugesan
11:40am – 11:50am:	Plans for the Year –Looking at Schedules & Calendars for Future Possible Meetings <i>For Late November, 2022; Late January/early February 2023; Late April 2023</i>	Troy Vaughn
Noon or earlier	Adjournment	

Student attendees:

- Shruti Patel (ASUA)
- Mark Parsons *via Zoom* (GPSC)
- Megan Kane (GPSC)
- Abhijay Murugesan (At-Large)
- Gabriela Mendoza (CHS Student Employee)
- Samuel David Jesse (Off-Campus)
- Ellie Davidson (RHA)

Staff attendees:

- David Salafsky (CHS)
- Michael Stilson (CHS)
- Troy Vaughn (CRec)
- Mayela Trevino (CRec)
- Alex Potter *via Zoom* (UA Budget Office)
- Shiela Soto (CHS)
- Scott Norris (UA Finance & Admin)
- Kendall Washington White (Dean of Students/Vice Provost)
- Joel Gaffney (UA CAPS)

Abhijay Murugesan

The Health & Recreation Fee is the largest fee that students pay, as it just increased to \$600 per year. That is a lot of money, especially for students who may not be working or working part time and taking out loans. We want to be sensitive to the concerns of the students, but we need to take into account all of the great services that Campus Health and Campus Recreation provide to the students. We only meet a couple of times a year so it is very important for you as a representative to check in with who you are representing to see if they have any concerns or questions that we can address here at the board meetings. This is an advisory board we don't have any governing authority we are here to give our advice and pass along information and feedback. We are not sticklers on voting a procedures, and you should have received a copy of the bylaws and if you have any questions please reach out to me or to Troy or any of the other University Staff.

Bylaws are a little outdated there will be a Qualtrics survey sent out to vote on approval or non-approval it will show the current text, the proposed changed text and then an option to vote yes or no. Not major changes just primarily fixing any typos or grammatical errors.

H&R Fee Increase Review

David Salafsky

This requires some additional background going back to 2010 so you can get a sense of how this fee came to be and how it evolved over time. Our units were traditionally funded through state and as well as generated revenues. In 2010 the economy was not stable especially in the state. So we needed to move to a more stable funding source and The University identified that both Campus Health and Campus Recreation had a natural pairing and so we saw even back in 2010 (even more so in retrospect) how foundational and how important students' health and wellbeing is to their success in retention and graduation and that it needed to be prioritized. No one wants to ask for fees, because education is expensive and increasingly so, but at the same time we needed to secure funds and make sure to have the resources for students. There is a lengthy process with a lot of outreach, talking to students and parents to make the case of why it is important. That fee was implemented for the fall of 2010. That fee was to last for one cohort cycle from freshman to Senior but that fee actually lasted for 7 years without a change. In 2017 in advance of the fall semester the cost and demands on both units such as increasing staffing and programs such as CAPS for mental health services we once again went to the students with round table discussions and made the case for why the increase was important. That fee increased from \$300 to \$425. This past year Troy and I did a kind of campus tour talking to various groups such as ASUA, GPSC, Greek Life, RHA and the current family association to make the case to increase the fee from \$425 to \$600.

Troy will speak about the Campus Rec side of things but for the Campus Health side we actually funded a number of mental health positions that we didn't have a budget for, but we prioritized using a fund balance / reserves to pay for them but at some point a fee would have to increase to meet those needs. There were increase costs for Campus Rec such as minimum wage going up, the expansion.

Troy Vaughn,

The "road show" David spoke about really was about a year and a half process, with great conversations with multiple groups / people. The large percentage of those were students such as you that were involved. Also it is important to know that both Campus Health and Campus Rec are under Kendal's direction and Campus Life and are very much student facing. With all of the information and presentations today you will have a much better understanding of how student facing we are and the positive things that we bring not just to our units but to the entirety of the campus as a whole. As David said we didn't want to ask for an increase but I think we made a very valid case to everybody we spoke to about the need for the increase and about where that money is going. It is not an easy process but it is a process that was really required for the health of both units to be able to move forward with the positive work that we are doing. Campus Health has a lot of directives but in particular with CAPS and mental health that is one thing we learned from COVID is that we all need to staff a little differently and the need for mental health professionals on campus and the need for specific programming for Campus Recreation. In 2017 Campus Rec was operating out of one building and we have since added two more buildings NorthRec in 2019 and BearDownRec in the last January, so there was a significant increase in requirements to fund the facilities. The bottom line is with all of this is that you will find out we are all doing good work. We're trying our hardest to meet the students' needs and demands that you all as students have in today's society and it has changed a lot even from just 2010 with the demand that the students have of us are quite different today and I think we are standing up to those demands and doing well to provide what is needed. Also as Abhijay mentioned, we are here for you answer any questions or explain anything that you are unsure about please do not hesitate to ask, communication is the biggest key for all of us as we go through the process today. If you're confused about something. If you're not sure, something lines up, don't hesitate, and while we may not have an exact number that we need for you today, we will certainly look at that. Get an answer back to you as soon as we possibly can.

Kendal Washington White

I just want to also um share with you how successful Campus Health & Campus Rec has been over time, because you all have heard that we can increase it and we were successful because of the work that we're doing meeting with so many groups and people everywhere across campus. That is not always the case, the athletics web and the meal plan are to examples of requests that were not approved, Campus Health and Campus Rec put in the work and the time and put it out there and be honest and tell the truth and answer questions quickly even if need to take a day or so to get the answer. I want to make sure that you know that we really do care about the students and what's going to be great for you, and that you have a voice, I just want to say that because it's important. All the fee aren't always are successful.

David Salafsky

One theme. It's really transparency in one. Why, we're asking for this where the funds are going, and we want you to ask this questions. You know, challenges on stuff that's okay. We want you to ask us questions, there's things that you're wondering about budgeted programmatically. That's why we're here. Obviously we got a new board. There's a lot to take in today, and I think we all kind of realize that. But you also have a really experienced chair, and Abhijay. Who's kind of been through the cycle many times, lean on him and lean on us.

Financial Reports – see attached presentations. See presentations attached

Campus Health - Shiela Soto

This past fiscal year we ended with about 16.4 million dollars, in which the H&R Fee was 7.29 which is essentially 44.2% of our total revenue. The auxiliary revenue, which is the revenue that we generate from billing commercial insurance, the student discount rate, billing departments internally, insurance the student health insurance capital. So the billing revenue last year made up about 55.7% or 9.1 million dollars. I do want to point out last year we had a transfer from the University of 3.18 million so the University gave us money (part of the 9.1 million). That was all of the work we did because of Covid. Moving forward, they assigned this budget that we were able to move our expenses to that weren't coming directly off of Campus health account for all of our Covid medications. So without that transfer we would have had 6 million. There is a small percentage that goes to EMS that we support. Typically this has been used for their salaries during winter break when they are still working, but I know this last year they used it to buy radios so they can use it for whatever they need at that time. The H&R Fee for this past year we had 7.291 and that was about 213,000 more than what was projected by the Budget Office. The collection rate was greater and so a little more revenue and our expenses were particularly low at approximately 6 million because of the University Part they allocated funds for us for the testing, vaccinations and booster clinics and the isolation dorms as well as any other Covid mitigation efforts that we were involved in. So we were able to move approximately 1.36 million of expenses that were on the H&R fee account off our account so that really helped us end the year with 1.3 million that goes into our fund balance essentially a savings account. The surplus is higher than the budget office expected because the student enrollment was higher than what was projected.

I do want to point out kind of going back a little bit caps. All of our CAPS staff is one hundred percent funded on top of the dollars. Our medical staff is not one hundred percent funded on H&R Fee, maybe 40% they are primarily funded on auxiliary account. Our Health Promotions staff is funded from the H&R fee dollars as well as a very small percentage of administrative dollars is funded about 3.7 on H&R Fees. Collectively in salary and here it is about 79 percent of the H&R fee dollars. Operation budget of about 9% that is primarily purchase orders and requests for labs, electronic health medical records system, for protocol which is an afterhours counselling line. We had about 2% in administrative service to support that we pay for all of our operating expenses that goes directly to the University such as financial service, payroll, and budget office to support units that don't generate revenue and well as units that support us such as UITS. We transfer out \$297,000 for the Student Success District that is on a 30 year loan. It is not just Campus Rec and Campus Health there are a lot of departments involved in the loan about 16.

Projected for this year 2023 the expense portion is exactly what we submitted during the budget. I broke it down so the dark blue line starting in 2023, you can see that with the projective revenue. If we didn't get the health and Rec Fee increase approved, and then, with the additional one, seventy-five since it is incremental, and only applies to you and I mean students. There's additional revenue so then, our total revenue total about 8.5 million. I also want to mention with the health and rec that was approved. There was also a change in distribution. Previously it was 50.5% of the health, and rec we went to Campus Rec and starting in 2023 this fall it is at 51% Campus Health and 49% Campus Rec So the revenue projections do factor in the slight change in distribution which was about 91,600 more than what we budgeted for this fiscal year. The white blue line continues to increase as the increases state, and going to, you know new students this year through 2026. You can see the big spike in expenses from 2022 to 2023 due to expenses mentioned earlier but that was reduced by 1.3 million from the support from the University for our Covid mitigation efforts. So for 2023 we are not going to receive any of that support because the time that the budget was submitted in February we did not anticipate those funds would continue but we know a small portion of those funds will continue through this next year for funding for vaccine and additional Covid mitigation efforts that are going on until at least December so we will have some additional saving this year. Also our auxiliary account was taking a hit because more than half of our staff were on that account and for 2023 about 2/3rds will be moved to the H&R Fee so that we can make sure all of our nurses' salaries can be covered as they provide support to the students. As well as there will be salary and merit increases.

The end of the year, and this year with the 3 million fund balance for fiscal year 23. We're going to have a two point one, and we're going to kind of stay about 2.3 million.

QUESTION - So question about this staging end of the fee that applies to you students in terms of our grad students or PHD candidates, and some might take more than four years to graduate. Will they be assessed the higher fee after their four years? Um, or is it only locked in for four years, or is it for that entire students ten year at the university.

It is locked in for four years. So the ones who were here, and we're kind of grandfathered into the whole to be the \$425, you know, if they're here five years ago.

Campus Recreation – Mayela Trevino

Total revenue last year 10.8 million (plus) for the 4 main revenue sources. We do have a gift account which we do not take into consideration. The H&R Fee, Auxiliary Units, Bond Fee and the Program fee. The H&R Fee is our main source of revenue and last year we collected 6.7 million and we spent about 82 thousand more that we made so we had to use part of our fund balance. The majority of our expenses go to pay our professional staff and our student staff. We have approximately 400 student staff this year last year it was a little over 350. So our expenses are growing on that end as well. Our operations is 22% and this is anything to do with fixing the machinery, the building issues this also includes some of our trips and classes. We also have the transfer out / Admin Service Charge that Shiela explained we also have transfers for North District, Success District and the Cherry / Sitton Field Loan.

Last year there were less expenses due to less student staff and professional staff; however, that has increased and we anticipate that it will in future years. That is the big portion of the increase. Also the minimum wage is increasing and there are positions that are underfunded that need to be increased based on UCAP.

(Troy) Campus Rec is one of the top 5 student employers on campus something that we have been very proud of over the years. That fee goes into paying the minimum wage increase which was one of the reasons we asked for the increase. We are also above pre-Covid numbers in what we are offering in the types of classes and programming but there is an expense that goes along with that. We had a position (17 total) available in the North Rec and we had 361 applicants, this just shows that Campus Rec is a very popular place for people to want to work. We are very grateful and fortunate that our staff (including student staff) are involved in our hiring process. One of the most important things is you saw financially that we go through this is to ensure that we are paying back all of that money to the students and allowing them to supplement their education as well. And the minimum wage is going to continue to rise over the next couple of years and that affects Campus Health as well as Campus Rec. We have been very good with our Fund (savings) balance over the last few years and that is they key and really crucial for us to be able to have in times that we need such as an issue we are discussing right now to replace our air handlers in the main rec center. It is a big air conditioning unit that sits on the roof there are 10 of those and they are coming up on needing to be replaced and having the fund balance or the option to take out a loan from the university (such as the cherry loan to build Sitton Field) or to have bonds so that we can do all of these different things.

Department Presentations See presentations attached

Campus Health Services: *Overviews*

- CHS Medical Services Dr. Michael Stilson
- Counseling and Psych Services (CAPS) Joel Gaffney Ph.D., Assistant Director
- Health Promotion and Preventive Services (HPPS) Dr. David Salafsky

Medical Services – see attached presentation

Last fall still a lot to do with Covid testing with the rapid antigen testing as well as the pcr testing. We offered campus university wide test smart where people could test at any time. Also did the isolation dorms and the vaccine clinics and mostly doing telehealth and zoom. Trying to keep the students out of the building.

This fall we are not doing much in the way of telehealth, students preferred to come in and have that personal connection / eye contact etc. So we have opened the schedule and offering students pretty much same day appointments though we do have telehealth for very specific things. We are still offering the rapid antigen testing and taken over the test all test smart where there are different areas across campus for people can drop their specimens and then get the results on their phone. We do not have the isolation dorms any more students are recommended to isolate in their own dorm and then after 5 days another testing but it is not mandated. There has been very little push back. Right now the Covid positive is at 3%. We are seeing more flu more like pre-Covid. We still over the Covid booster clinic that has been very popular and still having people sign up for it. There was a concern at the beginning of the semester about a Monkey Pox outbreak but we have not seen a case, we do have the Monkey Pox vaccine that just came in so we are offering appointments for that. There has been a Meningococcal case and we are offering the vaccine for that as well.

Have changed our process instead of people coming in and sitting and waiting we have same day appointments so it is more of a time entry and it has been much smoother and more efficient. We offer general medicine, continual medicine as needed for chronic conditions, transgender medicine for hormonal treatments. We have 5 board certified sports medicine and these are the same physicians who take care of the athletes that also take care of all of the students. We have a trail in the organization connect and the study abroad is ramping up. Other support services. We have again, uh in house laboratory, where we get results same day, which is, we have it, that state of the art x ray facility, uh which again, we don't have to send students out to get x-ray the same day kind of Physical Therapy. We have our physical therapies / athletic trainers that we have in conjunction with Campus Rec for club teams so there is a whole mixture of students, staff and faculty, and club sports. We have an in-house pharmacy and can also refer out for specialists as needed.

We have an integrated model so that both the medical and council teams work together so if we have concerns the councilors can see our notes and it is more of a holistic approach. We do see about half the students.

CAPS – please see attached presentation

We have 3 counseling centers across campus to serve the students. We also provide training current staff to stay up-to-date and fresh and for new mental health professionals of the next generation in social work, counseling and psychology. We are using some of our resources to expand the development of our training program.

In 2021/2022 we had 16,747 total visits across all modalities of care that is almost 4000 students served and it is important to note that 10% of our visits were by international students. Our visits decreased over the last couple of years and that has to do with students reaching out less via the telephone. We can see that no matter the level of distress the students prefer to come in instead of reaching out first by phone. We also have over 60 programs and ways for students to reach us such as workshops that are on various topics and various sizes. 30% said that the group they attended reduced their need for continuing counseling services. Overall 75% said that they learned skills they can incorporate into their daily lives either in workshops, or overall CAPS Services.

We have staff embedded in various locations across campus to help with various aspects of CAPS. We have services that help not just the students, but faculty, staff and parents to help navigate the system and to help them get situated or referred to who / what they need. This outreach which was initiated by us to help with our presence on campus and in the community by tabling, and presenting on various mental health issues.

Health Promotions – please see attached presentation – we don't want the students to pay into the Health & Rec fee and not go online and use the services. Health Promotions is a new concept of paired with Campus health and doctors, medical services, counseling services another services can often be siloed and trying to have everything in one place for more support and foster a health culture across campus. Health Promotions focuses on prevention, public health guidance, screenings, working with nutrition, sexual health, relationships, and stress. Health Promotions can give a talk or presentation at a social group or group on campus free of charge.

Campus Recreation: please see attached presentation

Troy Vaughn

Doing some new flooring in the weight room at South Rec over the winter closure.

North Rec shared with CAPS which is a great service for the students to have physical and mental health together. The use at north rec has gone up tremendously this year.

Bear Down came online in January it is part of the student success district and has a weightlifting area, cardio space, locker room / cabanas, meditation rooms, healing garden which is growing very quickly and will be more of an enclosed area in the next couple of years
Off campus space – Rincon fields, The Lee & Sandy Davis Field and we will be doing an overlay on that field coming up. Robson Tennis courts and the Sitton Field.

We also aren't. Just about recreation. We have a lot of partners that participate in. I mentioned cats a little bit earlier in in campus health, but shake smart location. She smarts a really unique uh a restaurant style that's uh overseen by our friends with a student Union oversee that, but Shake Smart has two locations here. It's incredibly healthy. Uh for our students to be able to utilize, and that they're used extensively. Think Tank and our computer labs are both in the south direct main facility. The tutoring sessions are held here and there's some math things that are healthy in the evenings at campus recreation, and then smart moves, which is kind of a unique space.

Some of the programs and activities uh that are sponsored by our ability to utilize the H&R Fee so group finished in that forty-five class is incredibly popular. Um. We have ninety different classes a week within all the facilities that we have, the most that we've ever had going, and so really busy and majority of those are half full, or even more than that so excited about that we offer personal training a variety of different wellness, related or well-being workshops that we do a full assortment. We have thirty-one registered four clubs. The latest one is Pickleball, which just started up here uh just a couple of weeks ago. And we actually are painting. Pick up all courts out on the tennis courts here coming up. So we've got about one hundred and fifty students that are really active and wanting to play pickle ball. We do have outdoor rentals: If you need a sleeping bag, or you need a tent you need to go camping we have those available. The prices that we charge are significantly less as well. There are fees that are associated with that outside of the H&R Fee that we have to assess for that. Every one of our trips, we have twenty-eight trips that will be going this year, So far seven of those have gone. They've been maxed out, every single trip. We run the bike repair station in the middle of campus. We're open for a couple of hours a week. We collaborate with parking and transportation on campus, and then we are also starting very soon a bike rental program. We just took possession of fifty bikes to rent. We received a grant on campus here a few months ago, which allowed us to purchase them. We will eventually have about 250 bikes in total to offer students to rent.

We received a generous donation from a gentleman, and we went through, and we redid what we call the adaptive athletics locker room, and you need part of that. It's just not a locker room. It's not a shower area, but it's a facility where they have specific needs for storage of wheelchairs, and how they get a wheelchair down and so that's those are the boxes that those wheelchairs can slide up and slide into so very unique.

So our achievements since the last time that we met, so we worked really hard on security protocols um around campus in the and around the building campus buildings, and that includes a signage that includes better lighting. We actually cut a bunch of trees down that we're impeding lights to make it more clearly lit. There were several channels for students to come to us with concerns, and a vast majority of that came from our internal group here on campus, called the Student Employee Advisory Committee.

Changes coming soon the wildcat thread space which is downstairs, it was the old bookstore that was in on the left as you came in today. We're taking a look at what we can do to a public space, and it's such a good space, one of the possibilities that we're looking at is expanding the smart moves area which is utilized for our grad students and some of our members to make that space. The new Smart Moves, right now we are trying to figure out how to best utilize it. We have so many needs from sport clubs and other units, and in other areas in campus recreation that want to manage the athletic space as an example we have teams that work very closely with their own strength and conditioning people and they need a specific space away from everyone else to do that and as of right now we do not have that space in the main South Rec Center and we are looking at using the smart moves and / or the old threads.

We already spoke about the air handlers needing to be changed, due to them not working correctly we have been having issues with the wood flooring and have had to replace the floor in all of our racquetball courts and we have had damage to the floor in the North Gym as well and we are working to make repairs / improvements. In the fall of 2023 we will need to replaster the pool area but we will have other options for students to use either on or off campus. It will be offline about a month to a month and a half over winter break.

Campus Rec is also working on the foundation side of things to get gifts and donations as well as sponsors. So the money that we receive through gifts funded the athletic space and funded hiring an additional athletic trainer.

A couple of years ago we changed our fee structure for the summer, we used to charge the Campus Rec portion of the fee during the summer, but we have gone away from that and have not charged the fee to students to utilize the facility during the summer. To qualify they have to have been enrolled for the spring and / or upcoming fall semester. It has impacted our bottom line and revenue; however, we made the decision that it was worth it to be able to provide the service at no charge to the students.

Discussion/Elections for open Student Board

We do have a couple of positions on the Board leadership position that we need to fill. We have the Vice Chair and the secretary position. They're pretty low effort. The Vice Chair helps runs meetings that I'm not able to make, and Secretary takes notes and distributes it to the rest of the board. If anyone is interested in those positions, just think about it, and email me afterwards if you're interested, and we will send out a poll for everyone to vote.

Plans for the Year

The next meeting will be in early December, then we will have one in early February and one in late April. Those meetings will be shorter than this meeting as this is more of an orientation and those are more updates on finances and what is going on in the departments and progress on their efforts. We just ask that you keep in contact with your constituents and bring back thoughts, questions and concerns for the board to address.

Meeting Adjourned



**CAMPUS
HEALTH**

FY 2022 Financial Overview

Shiela M. Soto, MBA
Director, Administrative Services

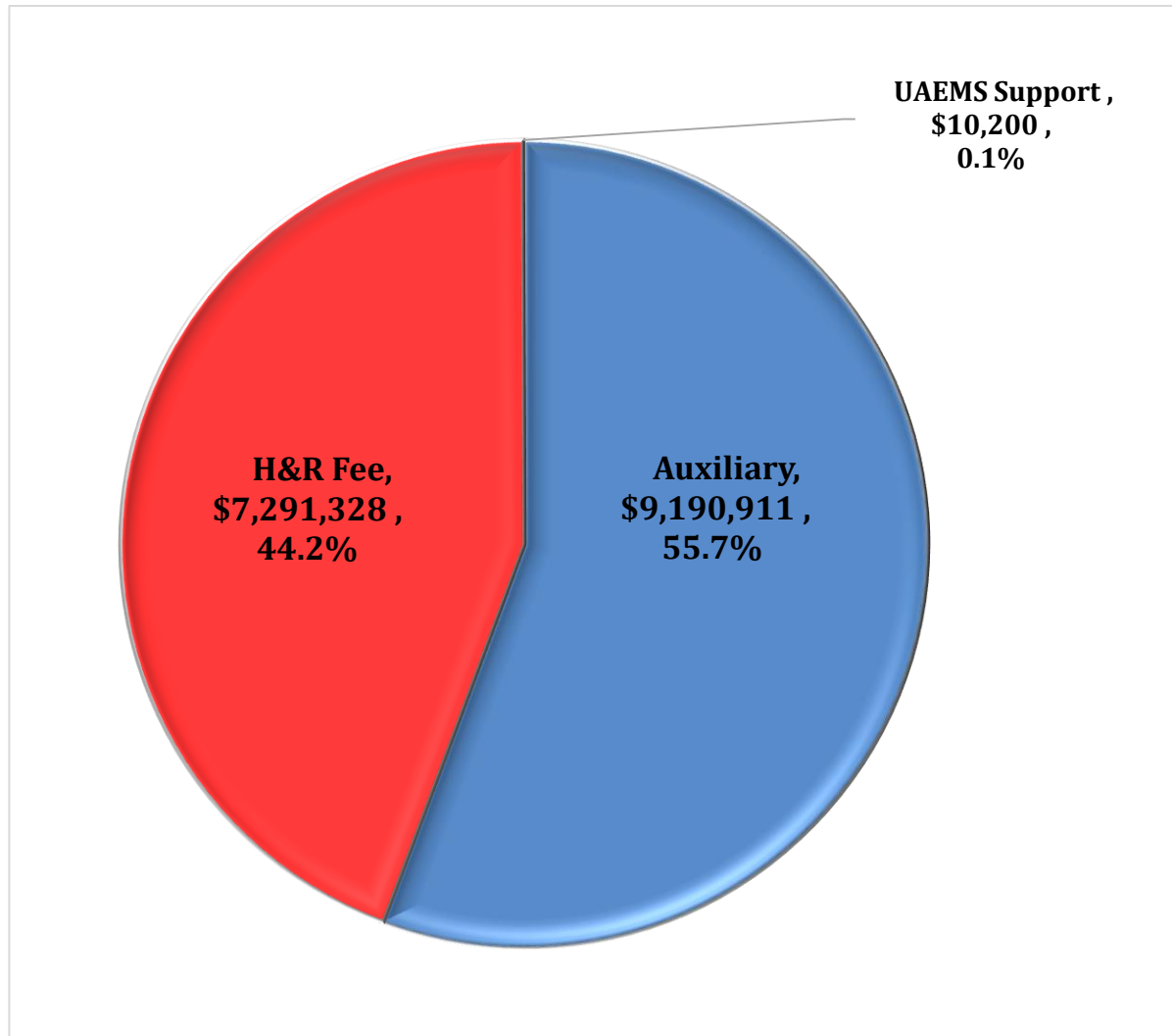
www.health.arizona.edu

FY 2022 Total Revenue

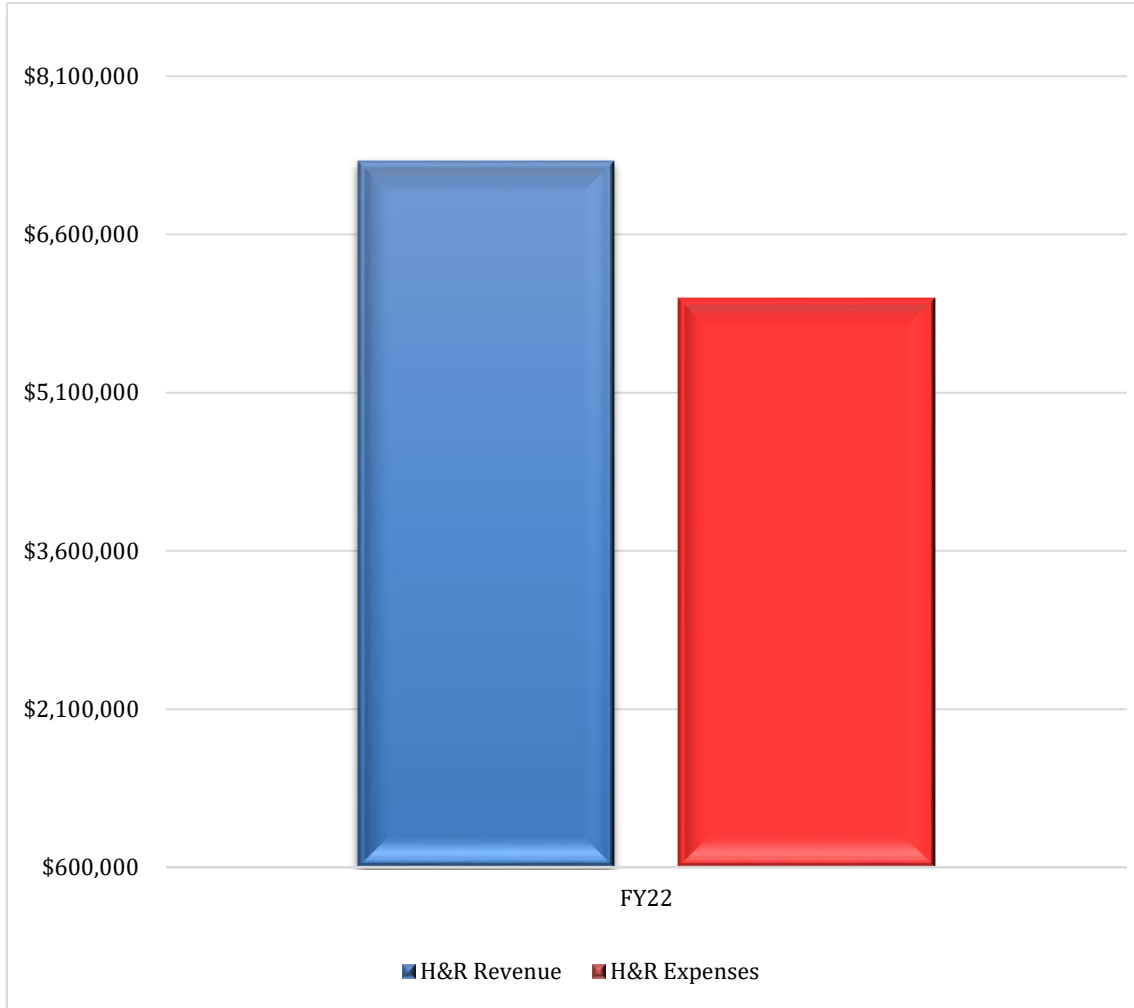
\$16,492,438



**CAMPUS
HEALTH**



FY 2022 Health & Rec Fee Revenue & Expenses

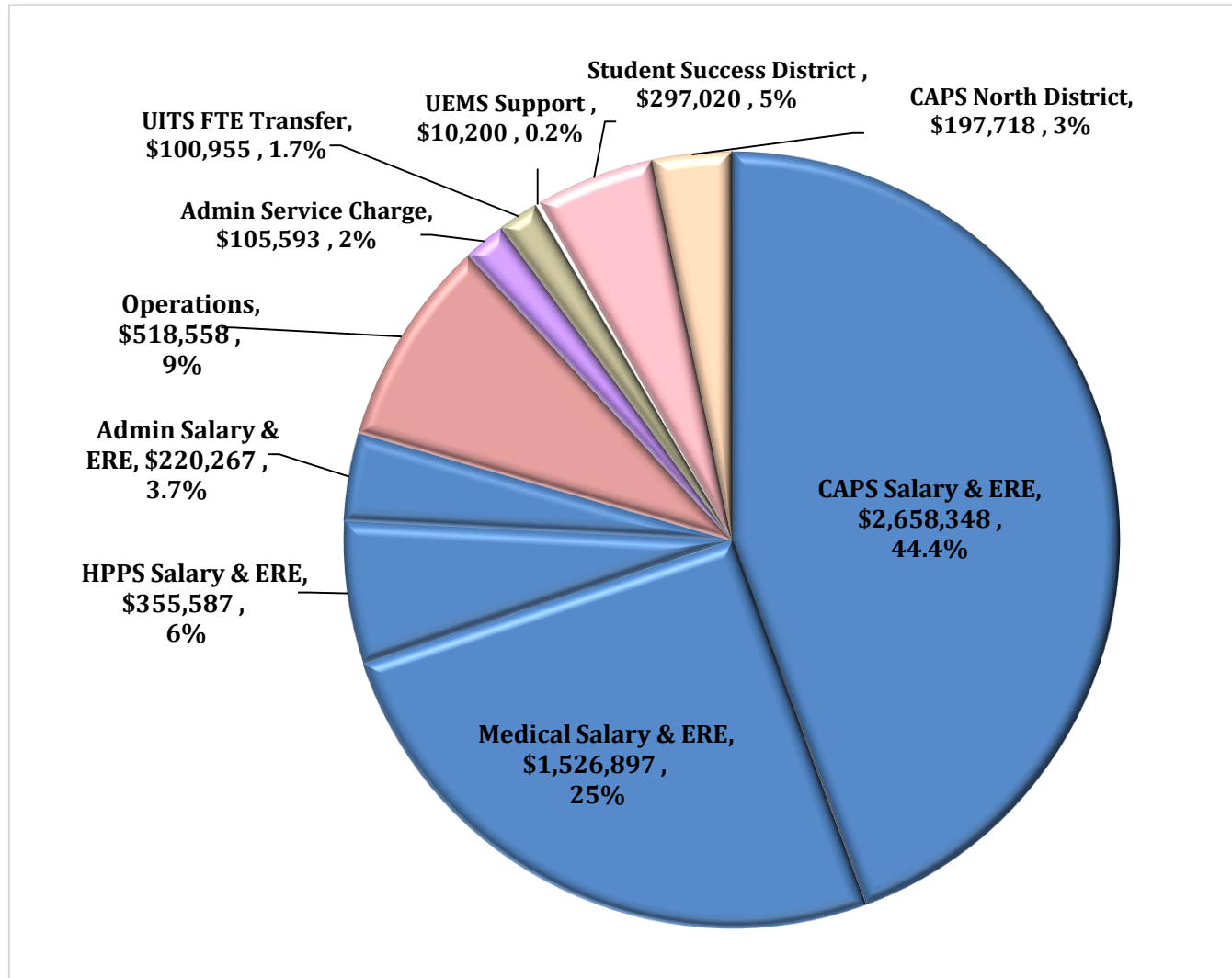


FY	H&R Revenue	H&R Expenses	Net Change*
FY22	\$7,291,328	\$5,991,143	\$1,300,185

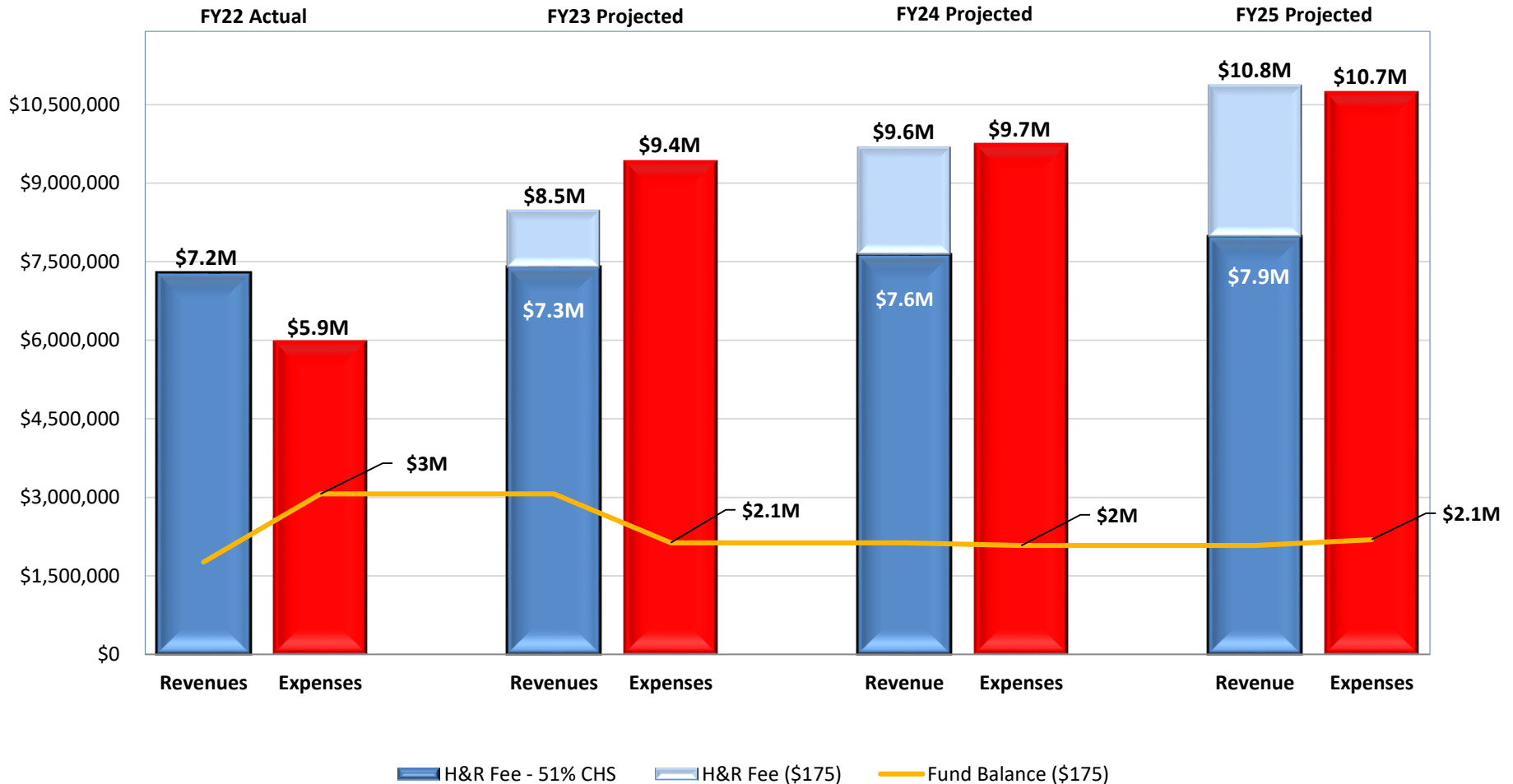
** The net gain was added to our fund balance*



FY 2022 Health & Rec Fee Expense Breakdown **\$5,991,143**



Health & Rec Fee Revenue, Expenses & Fund Balance





**CAMPUS
HEALTH**

Questions?



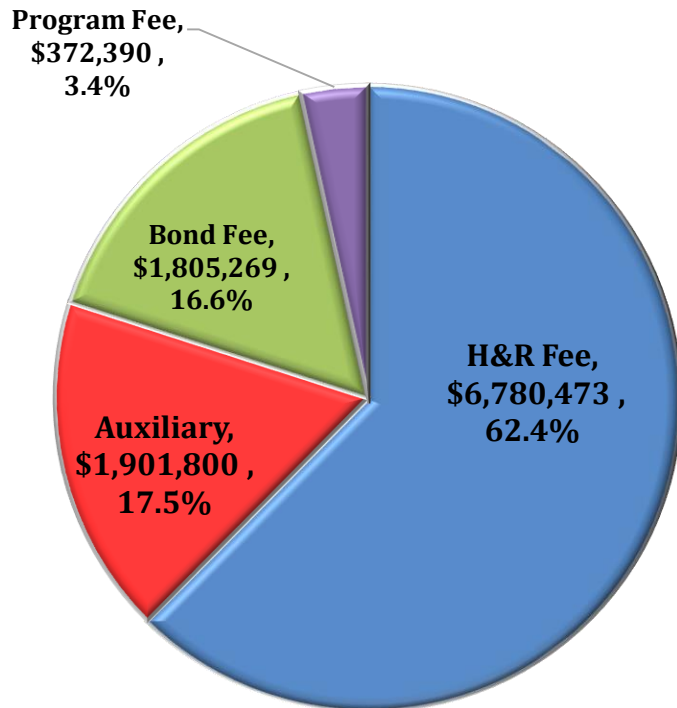
**CAMPUS
RECREATION**

FY 2022 Financial Overview

Mayela Trevino
Campus Recreation Business Manager

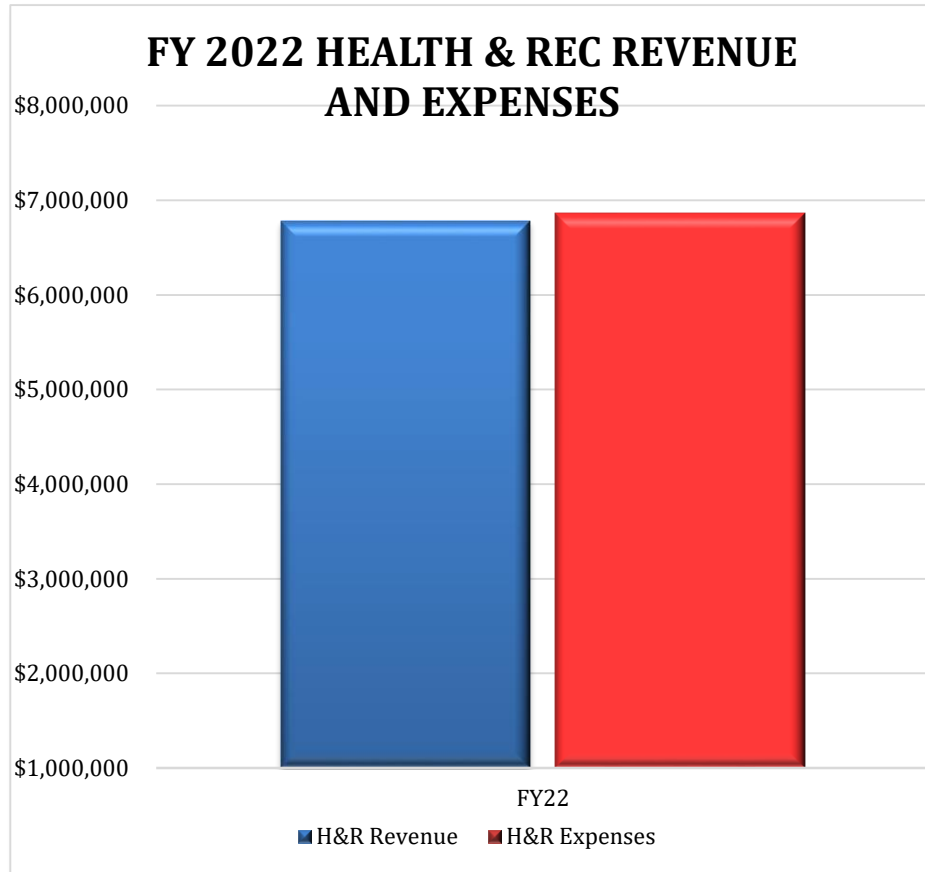
<https://rec.arizona.edu>

**FY 2022
TOTAL REVENUE
\$10,859,934**



**Campus Recreation All Accounts
FY 2022**

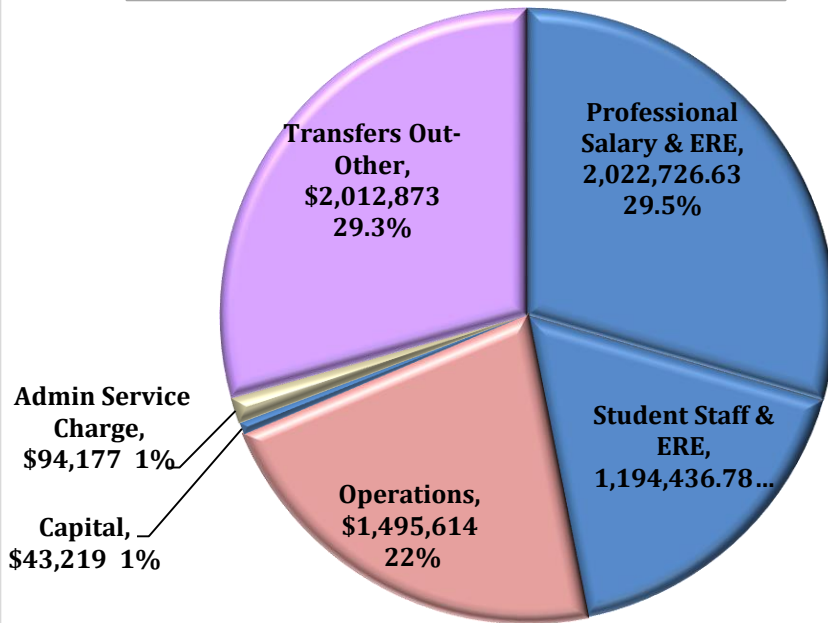
FUND	Total Revenue	% of Revenue
H&R Fee	\$6,780,473	62.4%
Auxiliary	\$1,901,800	17.5%
Bond Fee	\$1,805,269	16.6%
Program Fee	\$372,390	3.4%
Total Revenue	\$10,859,934	100%



**Campus Recreation Health & Rec Fee Revenue & Expenses
FY 2022**

FY	H&R Revenue	H&R Expenses	Net Change*
FY22	\$6,780,473	\$6,863,046	(\$82,573)

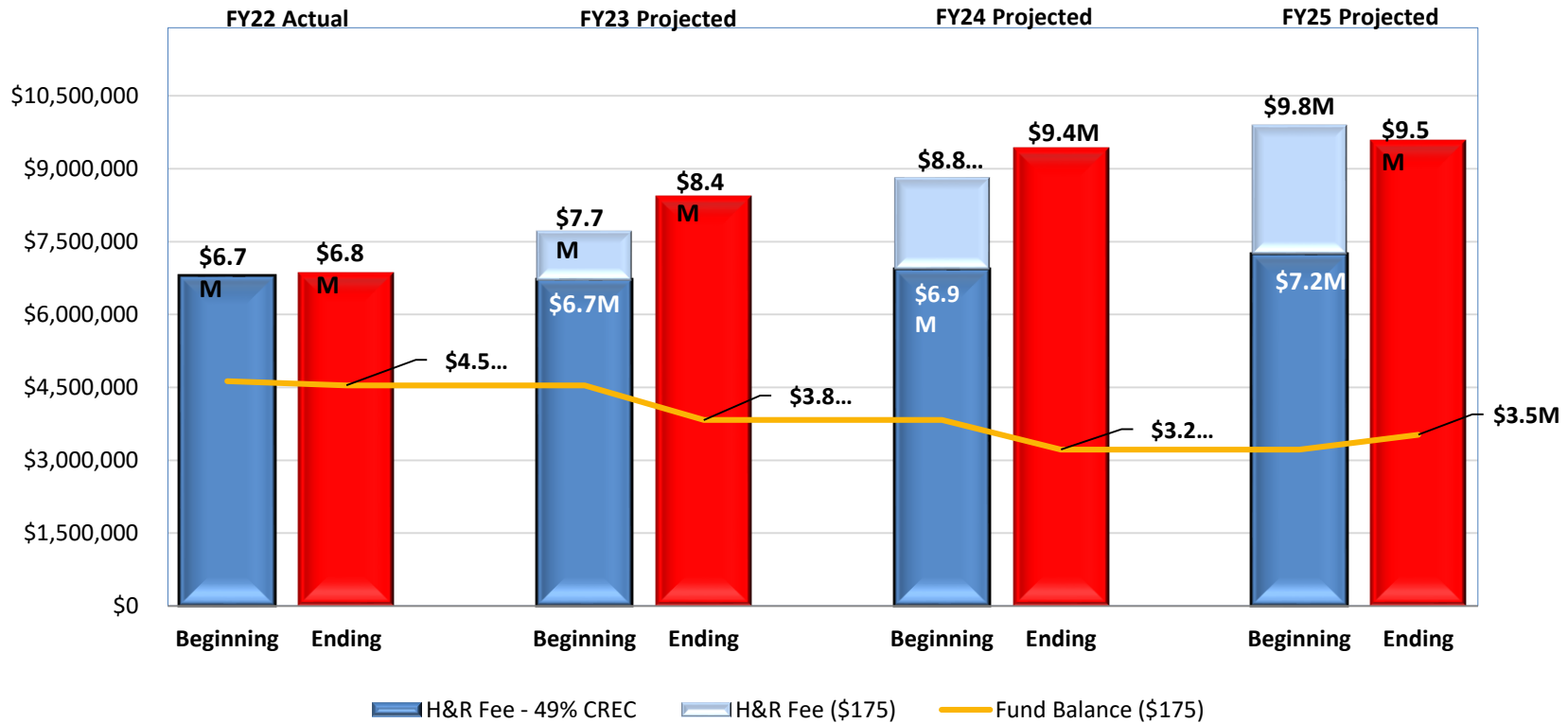
**FY 2022 HEALTH & REC EXPENSE
BREAKDOWN
\$6,863,046.17**



**Campus Recreation Health & Rec Fee Expense Breakdown
FY 2022**

EXPENSES	Amount	% of Expenses
Professional Salary & ERE	2,022,726.63	29.5%
Student Staff & ERE	1,194,436.78	17.4%
Operations	\$1,495,614	22%
Capital	\$43,219	1%
Admin Service Charge	\$94,177	1%
Transfers Out-Other	\$2,012,873	29.3%
Total H&R Expenses	\$6,863,046	100%

Health and Rec Fee Revenue, Expenses, and Fund Balance





**CAMPUS
RECREATION**

Questions ?

<https://rec.arizona.edu>



**CAMPUS
HEALTH**

Medical Services

Michael Stilson, M.D.
Director of Medical Services

www.health.arizona.edu

Campus Health Response to COVID-19 Fall 2021



**CAMPUS
HEALTH**

- **Telehealth Visits** in addition to in-person visits
- **COVID-19 Test: Rapid Antigen, PCR** provided by Campus Health through Provider contact and PCR tests through Cats TakeAway Testing
- **Test All Test Smart positive COVID-19 test results**
- **Daily Well checks on COVID-19 positive students in Isolation Dorms**
- **COVID vaccine clinics. Soon to be expanded from 2 to 5 days a week to provider Booster vaccines to those eligible**

Campus Health Response to COVID-19 Fall 2022



**CAMPUS
HEALTH**

- In-person and Telehealth visits
- COVID Rapid Antigen + PCR tests through CHS
- Oversight of TATS TakeAway testing, offered across campus
- Dorm Students testing positive for COVID now isolate in place for recommended 5 days, with f/u testing here
- COVID booster clinic Wednesdays and Fridays
- Monkeypox, Flu vaccines



Services Offered

- **CAT Clinic** - additional staffing and patient processing has significantly decreased waiting time for students seeking same day care.
- **General Medicine** - for students requiring follow-up, and care for chronic and non-acute conditions.
- **Women's Health** - for acute, chronic and preventive care (Annual exams, birth control)



More Services

- **Sports Medicine** - Staffed by five Board Certified Sports Medicine physicians. Clinics offered daily
- **Travel & Immunization clinic**
 - For individual needs
 - Study abroad
 - Flu shot clinics during the fall
 - COVID Bivalent Boosters
 - Monkeypox JYNNEOS vaccine



Support Services

- Laboratory
- X-ray
- Physical Therapy
- Pharmacy
- Referral office



An Integrated Model

- Medical and Counseling teams working together to provide coordinated care
- Eating Disorder Team, Substance Abuse Team, Human Sexuality Team



By the Numbers

- We see about half of all students any given year
- 98% of students seen at Campus Health would recommend us to a friend¹
- ~40% of UA students said our Medical Services helped them remain a student at the UA²
- ~2/3 of UA students said one or more of our services helped them remain a student at the UA²

¹ 2021 Patient Satisfaction Survey, n= 310

² 2022 Health and Wellness Survey, n= 5,352

Questions?



**CAMPUS
HEALTH**



**CAMPUS
HEALTH**

**The University of Arizona
Campus Health Service**

Counseling & Psych Services (CAPS)

520-621-3334 (CAPS Main)

520-626-3100 (CAPS North)

Aaron T. Barnes, PsyD - Director

www.health.arizona.edu

Today's Agenda - CAPS:



**CAMPUS
HEALTH**

- ✓ Annual Report 2021/2022 Data
- ✓ Who, What, When, Where
- ✓ Routine Access to CAPS
- ✓ Crisis Access to CAPS
- ✓ Client Feedback
- ✓ Questions

CAPS Outcome and Satisfaction Data - 2021/2022



**CAMPUS
HEALTH**



16,747
Total Visits



of visits were completed
by international students
(4% of students seen)



3,749
Students Served



of students served had
never been to CAPS before



7,840
Counseling
Visits



4,450
Psychiatry
Visits



2,578
Triage
Visits



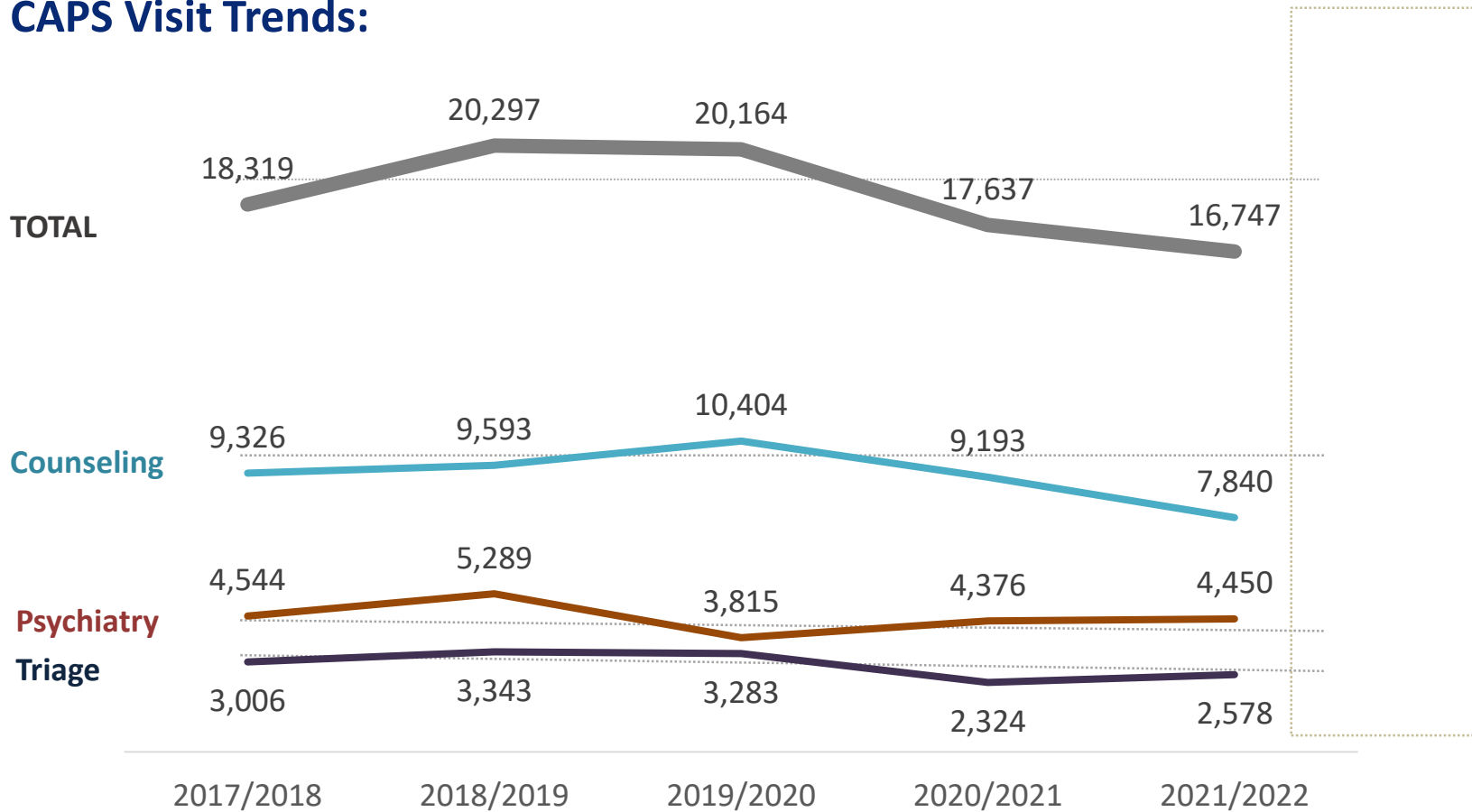
1,047
Group
Visits

CAPS Outcome and Satisfaction Data - 2021/2022



**CAMPUS
HEALTH**

CAPS Visit Trends:





CAPS Outcome and Satisfaction Data - 2021/2022

Severe at intake

- Improved 64%
- Recovered 16%
- Unchanged 36%

Moderate at intake

- Improved 69%
- Recovered 46%
- Unchanged 23%

Mild at intake

- Improved 49%
- Recovered 49%
- Unchanged 35%



CAPS Outcome and Satisfaction Data – Fall 2021



395

Students participated in **102** psychoeducational workshops



117

Students participated in groups



30%

Of attendees* said that group **reduced their need** for continuing counseling or psychiatric services



75%

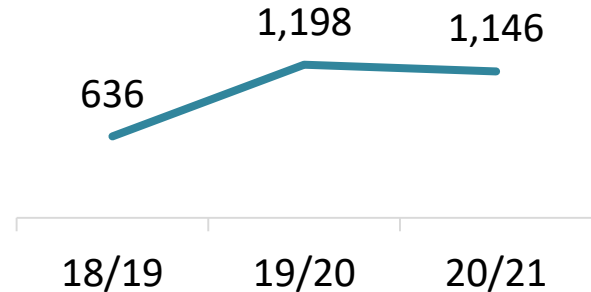
Incorporated the skills they learned in group into daily life



81%

Said that they were **less stressed** compared with before they started the group

Group Visits



Workshop Evaluation Findings

85%

Were confident they could better manage the issues they came in with

86%

Had a greater understanding of how to manage the stress and anxiety

60%

Were satisfied with their referral to a workshop

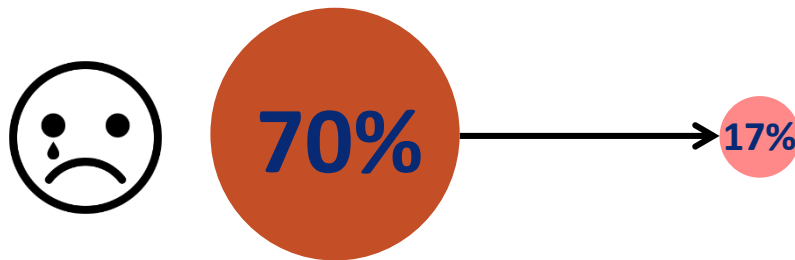
Impact and Satisfaction:



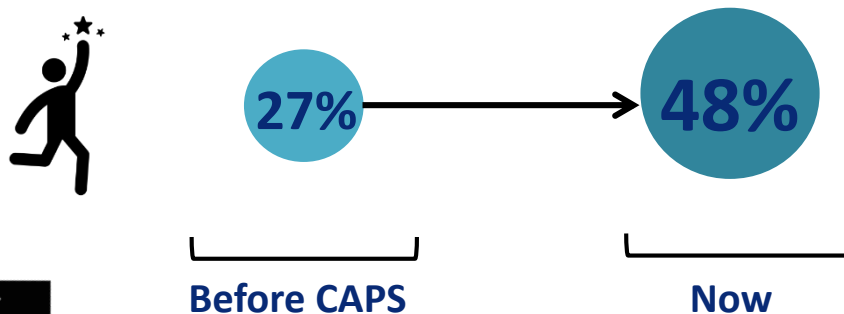
CAMPUS
HEALTH

2022 CAPS Satisfaction Survey

High or Very High **Distress**:



High or Very High **Hope**:



Students reported an **76% decrease in distress** and a **78% increase in hope** after using CAPS' services compared with when they first presented

70%

of students said the changes in distress and hope were directly related to CAPS services



78%

of students said they would recommend CAPS to a friend



81%

of students said that CAPS met expectations

What our Students are Saying



**CAMPUS
HEALTH**

“I have wanted to get into therapy for a while and I am so grateful for CAPS because it was easily accessible and affordable for me”

““My counselors were all amazing this semester. I would not have survived the semester without them. And the outside therapist they helped me find has likewise been life changing.””

““I am incredibly grateful to CAPS and my counseling experience. It has been so fulfilling and impactful on my life, wellbeing, and success as a graduate student. CAPS is a life changing resource!””

“I survived because of CAPS.”

What our Students are Saying



**CAMPUS
HEALTH**

“When I first went into CAPS I was on the verge of ending my life, after a couple immediate visits and seeing a psychiatrist through caps my life has turned around completely. I owe my life today to the counselors I met through CAPS.”

“My counselor took the time to accommodate my financial needs as well as developed a specialized plan for me when I was unable to find off campus care”

“I recommend CAPS to my peers all of the time, I am so grateful this program exists. I have gained so much self-awareness and practical skills that have improved my life in and out of school.”

CAPS - Who We Are:



**CAMPUS
HEALTH**

Interdisciplinary Team of
Licensed Professional Staff and Support Staff:

- ✓ **MD** - Psychiatrists
- ✓ **NP** - Psychiatric Nurse Practitioners
- ✓ **PhD/PsyD** - Psychologists
- ✓ **LPC** - Licensed Professional Counselors
- ✓ **LCSW** – Licensed Clinical Social Workers
- ✓ **LMFC** – Licensed Marriage & Family Counselor
- ✓ **Trainees** – Masters & Doctoral Level Counselors, NP
- ✓ **Support Staff** – Medical Assistants + Administrative Support
- ✓ **Survivor Advocates**



CAPS - Where We Are:

- ✓ **CAPS Main:** At Highland Commons, 3rd floor of Campus Health Service
- ✓ **CAPS North:** Inside North REC, 2nd floor
- ✓ **Yuma Satellite:** Behind Yuma Dorm, Separate Entrance
- ✓ **Embedded Counselors:**
 - ✓ Dean of Students
 - ✓ 4 Cultural Centers
 - ✓ 6 Life Management Counselors



CAPS - What We Do:

Three Service Lines:

- ✓ Consultation
- ✓ Outreach
- ✓ Clinical Services



CAPS - What We Do Con'd:

Consultation:

- ✓ **Survivor Advocates** – University Community
- ✓ **In House** – Campus Health Medical Providers
- ✓ **Friend to Friend** – Website, Peer-to-Peer
- ✓ **Parents Matter** – Phone & Email
- ✓ **Call & Consult** – University Community
- ✓ **Life Management Counselors** – Various Spaces
- ✓ **Together We Care** – Fac/staff resources



CAPS - What We Do Con'd:

Outreach:

- ✓ **Presentations / Trainings** – e.g., Stress Management, Working w/ Distressed Students, Test Anxiety, Sleep Hygiene
- ✓ **Overview of CAPS Services / How to Access**
- ✓ **Responses to Significant Campus Events**
- ✓ **QPR (Question, Persuade, Refer)** – Suicide Prevention Training – In collaboration with HPPS and LWC



CAPS – What We Do Con'd:

Clinical Services: Common Presenting Concerns

- Anxiety/Stress/Panic
- Depression/Sadness
- Relationship Difficulties
- Family Problems
- Adjusting to College
- Academic-Studying, Learning, Grades
- Sexual Orientation & Gender identity
- Sexuality Issues
- (Excessive) Compulsive Behaviors
- Trauma (past or recent)
- Food and Body Image Concerns
- Alcohol/Drug Concerns
- ADHD
- Life Crises



CAPS - What We Do Con'd:

Clinical Services: Overview

- ✓ Self-Help
- ✓ Workshops
- ✓ Support / Psychoeducational / Therapy Groups
- ✓ Short-Term Counseling – Individual & Couple
- ✓ Psychiatry
- ✓ Crisis Response
- ✓ Clinical Care Coordination
- ✓ Referral Support



CAPS - What We Do Con'd:

Clinical Services:

✓ Self-Help

- ✓ Togetherall
- ✓ Welltrack
- ✓ TAO – Therapy Assisted Online
- ✓ Calm, Headspace
- ✓ Pathways to Wellness and robust self-help tools on the website

✓ Workshops

- ✓ Getting Unstuck
- ✓ Sailing Through the Storm
- ✓ RIO – Recognition, Insight, Openness
- ✓ Anxiety Toolbox



CAPS - What We Do Con'd:

Clinical Services:

✓ Support Groups

- ✓ Gender Spectrum
- ✓ Students of Color
- ✓ Connecting with Pride
- ✓ Graduate Students
- ✓ Campus Eating Disorder Awareness & Recovery
- ✓ Survivor Support Group
- ✓ Peer-Lead Support Groups



CAPS - What We Do Con'd:

Clinical Services:

- ✓ **Psychoeducational and Therapy Groups**
 - ✓ Tips & Tricks for Better Sleep
 - ✓ Meditation 101
 - ✓ Yoga for Healing
 - ✓ AMP – Attention Management Program
 - ✓ Finding Your Center



What We Do:

Specialty Services & Assessment:

- ✓ ADHD Clinic – Assessment & Treatment
- ✓ Survivor Support Services – Survivor Advocacy and Oasis Counseling for Sexual Violence Survivors
- ✓ Wildcats Anonymous / Recovery Community
- ✓ Stronger Than Initiative - Resiliency
- ✓ Crisis Response to Res Life Dorm Staff
- ✓ Eating and Body Image Concerns - Assessment & Treatment
- ✓ Identity-Inclusive Services
- ✓ Survivor Support
- ✓ Substance Use Support – Assessment & Treatment

Students can also search CAPS providers by identities, specialty areas, and treatment approaches.

Routine Access to CAPS:



**CAMPUS
HEALTH**

- 1st Visit = Counseling & Consultation (C&C)
- C&C = 45-Minute Counseling Session:
 - Can be used as a “standalone”, single session intervention (up to three C&C visits each semester)
 - Also serves as the primary entry point into CAPS
- How To Access C&C
 - Schedule online via Patient Link
 - or -
 - Call or drop-in to schedule
 - New appointments released two business days in advance
- Outcome = Custom Care Plan tailored to each student

Routine Access to CAPS:



**CAMPUS
HEALTH**

- C&C (cont.)
 - Students who are unable to find an available C&C appointment can call or drop-in:
 - Students screened for risk/crisis, offered a crisis appointment with a counselor as needed
 - Offered online/telehealth C&C visit (if available)
 - Offered Resource & Referral Appointment while they wait
- Resource & Referral = Free meeting with a Care Coordinator
 - Complete Custom Care Plan
 - Provide comprehensive referral support if student elects to go off campus
 - Assistance with getting into groups and workshops
 - Coming soon – AHCCCS Assistors

CAPS Custom Care Plan:



**CAMPUS
HEALTH**

- ✓ Every client receives a Custom Care Plan
- ✓ Created collaboratively at conclusion of each initial C&C visit
- ✓ Student keeps a copy
- ✓ Updated as needed



Crisis Access to CAPS:

- 24/7 Access
- 8am-5pm, M-F
 - Call (520) 621-3334 or (520) 626-3100
 - “Drop-In” by visiting one of our locations
 - Emergency - Physical Walk into CAPS
- After Hours, Weekends, and Holidays
 - Call CAPS – Speak w/ On-Call Counselor

CAPS Client Feedback:



**CAMPUS
HEALTH**

“My counselor is one of the reasons why I am still here today. I will forever be grateful for her.”

“I think CAPS is a wonderful service, whether something is seriously wrong or you simply just need someone to talk to and help make sense of what’s going on in your life.”

“I am very grateful for all the CAPS counselors. They did amazing bringing me out of a very dark place.”

Counseling & Psych Services



**CAMPUS
HEALTH**

Contact Information:

<https://caps.arizona.edu>

(520) 621-3334

Aaron T. Barnes, PsyD

Atbarnes@arizona.edu

Questions?



**CAMPUS
HEALTH**

Health Promotion & Preventive Services

David Salafsky, DrPH, MPH

www.health.arizona.edu



The function of protecting and
developing health must rank even above
that of restoring it when it is impaired.

Hippocrates

 quotefancy



Why Prevention?

- Support student health + success
- Foster a culture of health and wellbeing
- Behavior today becomes health of tomorrow

Our Goal:

Make UA the healthiest campus in the nation



Scope of Services

- COVID-19 related response
- Alcohol and Other Drugs
- Suicide Prevention/Mental Health
- Nutrition Services
- Sexual Health and Relationships
- Sleep and Stress
- Research and evaluation of programs + trends
- Grant-funded initiatives to support our work
- Promote Campus Health offerings



Waiting to get your COVID-19 vaccine?

PREVENT

Prevention

It's not too late!

COVID-19 vaccines are safe, effective, and free.



COVID-19 spreads indoors. Avoid crowds and poorly ventilated spaces.



COVER YOUR MOUTH & NOSE with a cloth face covering when around others.

Additional info and updates:
HEALTH.ARIZONA.EDU • COVID19.ARIZONA.EDU



CAMPUS HEALTH

Dear Students:
You didn't as a historic par positive for th symptoms of Wherever you for you. And health soon! through the i can bring. W advise you N you CAN do f read on. We v to your norm you, and oth please call us

What is s

Self-isolation also could infect other separating a pers believed to be inf potentially infecti

How do I

Stay at home

- You should remain in your home, except for getting medical care and going outside for fresh air and sun
- Do not go to school, work, restaurants, events, parties, stores, or any crowded areas
- Do not use rideshares, taxis, or public transportation until you have been released from self-isolation

- Track your symptoms and be alert to changes
- Exercise if you're feeling up to it. Check out Campus Rec's virtual offerings at rec.arizona.edu

(continued on back)

LIVING WILD



PRESENTATION MENU



SEPTEMBER 2018

what's inside:

- How To RX Safely**
- Social Media: What's In It For Me?**
- Why Breakfast Is Kind Of A Big Deal**
- THE BEST WORKOUT PROGRAM**
- What If I'm Caught On Campus With Alcohol?**



Bear Down on Health & Wellness 45 minutes
Who doesn't want to be healthy? Learn the Top 10 Tips for staying healthy in college.

The Buzz 45-90 minutes
Beach balls, frisbees, and game show buzzers are all used in this fun, interactive group alcohol education program.

Food & Mood Connection..... 60 minutes
Does what we eat influence how we feel or does how we feel influence how we eat? Explore the intricacies of the food and mood connection with Registered Dietitians.

Navigating Relationships..... 60-120 minutes
Discover pathways to more satisfying relationships that honor the desire for individuality and togetherness.

Nourishing Choices & Campus Life 60 minutes
A healthy relationship with food is key! Get practical tips from the Registered Dietitians for building satisfying meals, while keeping your sanity & budget in-check.

Red Cup Q&A..... 30-45 minutes
A live version of the weekly column! All your alcohol questions will be answered.

7 Food Myths You Swallowed 45-60 minutes
Registered Dietitians debunk common nutrition myths, offering the facts and an inviting discussion.

SexTalk 50-75 minutes
Get the facts on UA student sexual behaviors and learn about performance, STD prevention, contraception, and more.

Sleep & Stress 45 minutes
Stressed out and sleep-deprived? This presentation offers tips to help lower stress, increase personal resilience, and improve the quality of your sleep.

Rx Safely 45-60 minutes
From Adderall to Xanax, discover how prescription drugs have the power to help, harm, and heal.

Suicide Prevention: Question, Persuade, Refer 60-120 minutes
We all have the potential to save lives. Learn the 3 simple steps anyone can use to help save a life from suicide.

for a better



a fun, game-oriented, interactive, and engaging approach to alcohol education

- THE PROGRAM
- TESTIMONIALS/DATA
- MEDIA
- BRING THE BUZZ TO YOUR CAMPUS
- THE UNIVERSITY OF ARIZONA PRESENTATIONS
- CONTACT INFO

About The Buzz

The Buzz is a fun, highly praised, spirited, informative, connecting, meaningful and relevant alcohol education/ prevention program.

Program evaluation shows that The Buzz is not only very well received by students, but also makes a difference in their alcohol use.

Who can use it?

Health educators, Residence Life staff, counselors, Greek Life staff, peer educators, and other Student Affairs



www.health.arizona.edu



CAMPUS HEALTH

The Red Cup Q&A is written by Lynn Reyes, LCSW, LISAC, David Salafsky, MPH, Lee Ann Hamilton, MA, CHES, Spencer Gorin, RN, and Christiana Castillo, MPH, in the Health Promotion and Preventive Services (HPPS) department of the UA Campus Health Service.

ALTH
ONA.EDU

AFTER DARK



NOTICE: This document is for informational purposes only.

sex talk.

answers to your questions about sex and relationships

wildfact

According to one survey, 42% of Tinder users are currently in a relationship.

What do you do about dating?

When it comes to online dating everyone seems to have an opinion. But whether you think swiping is the ultimate way to meet or the end of dating as we know it, the reality is that it's here to stay. The following tips can help you stay safe and may even increase your odds of finding love in the time of Tinder:

- 1. Do your homework** – Remember how you had to cite multiple sources in that last paper you wrote? Take the same approach with your potential dates. Cross-referencing them on social media to avoid red flags in "catfish." Check out their Facebook, Twitter, and Instagram profiles to see if things add up and pay attention to their photos.
- 2. Take your time** – A lot of people come to light in the period between when you "meet" someone online and before the big offline reveal. Don't rush them until you feel comfortable sharing your number. As the Tinder bio states, "We don't cover criminal background"



www.health.arizona.edu

HEALTH

SexTalk is written by Lee Ann Hamilton, MA, CHES, David Salafsky, DrPH, MPH, and Carrie Johnson, MEd, CHES, health educators at the UA Campus Health Service.

WANT CONDOMS?



Birth Control Methods

CAMPUS HEALTH

www.health.arizona.edu



FALL 2021

Discussion Series

Enhancing self-worth & positive body image among all UAZ students

▶ Join your peers in free (virtual & in person) courageous conversations exploring self-worth and body image.



THURSDAY, SEPTEMBER 16 • 6-7PM (ZOOM)

COME AS YOU ARE: Re-entry in the Time of COVID



WEDNESDAY, SEPTEMBER 29 • 6PM • Highland Bowl

WEIGHT STIGMA AWARENESS WEEK

*Southern Arizona Academy of Nutrition & Dietetics
in partnership with Body Positive Arizona presents:*

Weight Stigma in Healthcare: How It Shows Up and What We Can Do About It

Facilitated by: Ashley Munro, MPH, RDN, CDCES



THURSDAY, OCTOBER 28 • 6-7PM (IN PERSON)

Campus Health, DeArmond Room (3rd Floor, B307)

Thinking, Feeling, Eating



THURSDAY, NOVEMBER 18 • 6-7PM (ZOOM)

Bringing Body Positivity Home for the Holidays

Look for Body Positive Arizona Compliment Cards and Treats on Campus!



REGISTER HERE:
bit.ly/UABodyPositive



CAMPUS HEALTH

NUTRITION.ARIZONA.EDU



WIL FREE QPR Suicide Prevention Training by active.



UA CAMPUS HEALTH PRESENTS



PASSPORT TO HEALTH



CAMPUS
HEALTH

**Enroll in
Passport
to Health
on D2L!**

- Learn more about living healthy in college
- Earn badges for each presentation you attend
- Receive a Passport to Health certificate

▶ **Login to D2L** ▶ **Click on “Self Registration”** ▶ **Choose “Passport to Health**

MENTAL HEALTH

Insight: Most respondents (82%) report that they have gotten at least one dose of the COVID-19 vaccine, and 44% indicate that they have been fully vaccinated.

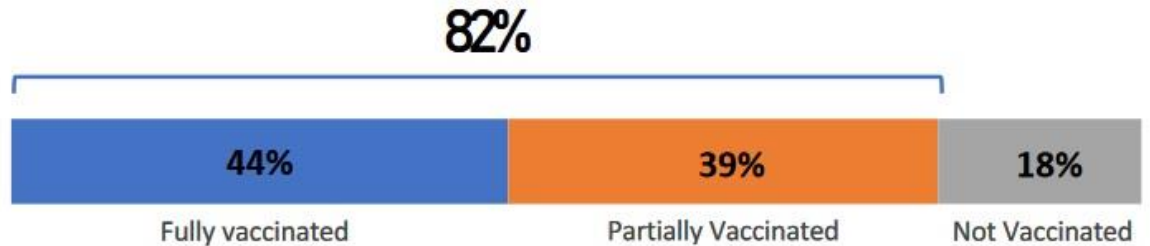
**Insight: n
12% oppo**

While these numbers are possibly higher than the actual vaccination rates, of note is that the 82% who said they have had at least one dose of the vaccine mirrors the 83% of students from the [February survey](#) who reported that they would get the COVID-19 vaccine as soon as it was available.

77%

Perhaps who had vaccine, mandate

*Self-reported
Vaccination
Status of UA
Students*



3%

While there was not much difference in proportions of fully vaccinated students between those who were living in and out of, students in Tucson were significantly ($p < 0.000$) more likely to be partially vaccinated and significantly ($p < 0.000$) less likely to be unvaccinated than those who didn't live in Tucson.



Fully vaccinated
Partially vaccinated
Not vaccinated

	In Tucson?	
	Yes	No
Fully vaccinated	44%	46%
Partially vaccinated	41%	29%
Not vaccinated	15%	24%

We co
seme
administered digitally using Quairtics in the classroom (in-person or over

2020 awardees

Denison University

Santa Monica College

Skidmore College





Our Impact

- Our reach = approx. 20,000 students/year
- Reach students in classes, dorms, at events + online
- Recognized as a model program by federal agencies (U.S. Dept. of Education and SAMHSA)
- Awarded for both print and digital programming
- **Students are a big part of what we do!**
 - Student employees, volunteers and interns

Good Health Goes Beyond Graduation

Arizona alumni are healthier, happier and more successful than their peers nationally.

— 2017 Gallup Poll

The survey found that **UA alumni are significantly more likely** than graduates of each comparison group to be thriving in each element of well-being.

- UA News



The background image shows a large, modern brick building with a prominent glass facade. The building is identified by signage as 'THE UNIVERSITY OF ARIZONA RECREATION AND WELLNESS CENTER'. The text is overlaid on a semi-transparent white box.

Campus Recreation News and Updates 2022 - 2023

Health and Recreation Advisory Board

October 15, 2022

Campus Recreation H&R Fee

- Who does it support?
- Why is the fee important?
- What do students get?
- Campus REC's Impact





Who Does it Support?

- **Students**

- Student membership fees covered by the H&R Fee

- **2022 – 2023 Academic Year**

- Over 75% of students utilize CREC facilities, programs or services!
- Over 1,400,000 uses of CREC facilities & services!



+

•



○



Why is the Fee Important?

Finances Student Memberships to All Recreation Centers

Covers Operational Expenses

Covers Maintenance Costs to Run Facilities

Subsidizes Costs for Some Programs

A photograph of an Arizona State University campus scene, overlaid with a semi-transparent red filter. In the background, a large building features a prominent 'A' logo with a cross, a dot, and a circle inside it. To the right, another building has the word 'ARIZONA' visible. In the foreground, the word 'WONDER' is written in large, bold, white letters. The scene includes people walking, a golf cart, and a tent, suggesting a fair or event.

What Do Students Get?

WONDER

Hours of Operation

SouthREC

- Mon – Thur: 6am - 12am
- Fri: 6am – 11pm
- Sat: 8am – 11pm
- Sun: 8am - 12am

NorthREC

- Mon – Thur: 6am - 10pm
- Fri: 6am – 9pm
- Sat – Sun: 8am – 9pm

BearDown REC

- Mon – Fri: 8am – 9pm
- Sat – Sun: 12pm – 8pm



SouthREC | NorthREC Facilities



Weight Room



Cardio Row



Locker Rooms | Cabanas



Gymnasiums



Equipment Check-Out



Towel Tracker

SouthREC Student Recreation Center



Sand Volleyball



Olympic-Sized Pool



Bouldering Wall

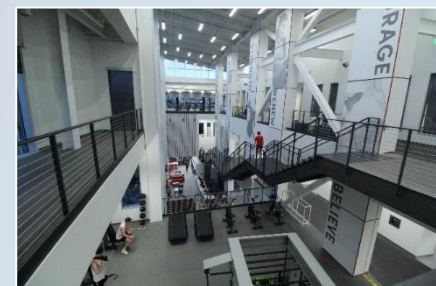
NorthREC Recreation & Wellness Center



CAPS Offices



Queenax



3 Stories | Intimate Setting

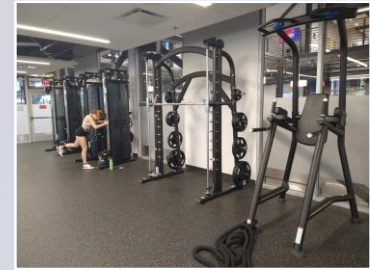
BearDownREC Student Success District



Front Desk



Cardio Row



Weightlifting



Locker Rooms | Cabanas



Meditation Rooms



Healing Garden

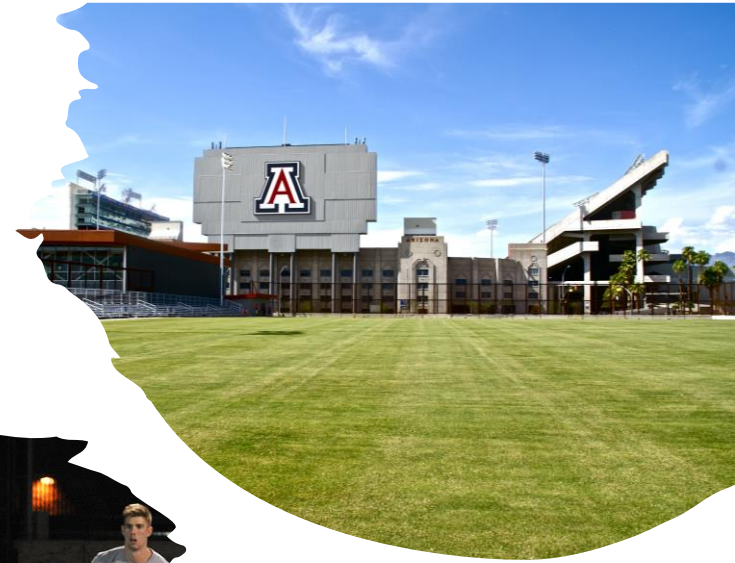
Offsite Recreational Spaces

Rincon Vista
Fields*

Lee & Sandy
Davis Bear
Down Field

Robson Tennis
Center

Sitton Field*



Additional Services



Shake Smart



Think Tank &
OSCR Lab



Smart Moves



Programs and Activities

Additional Cost Subsidized by H&R Fee

Group Fitness & F45

Personal Training

Wellness Workshops

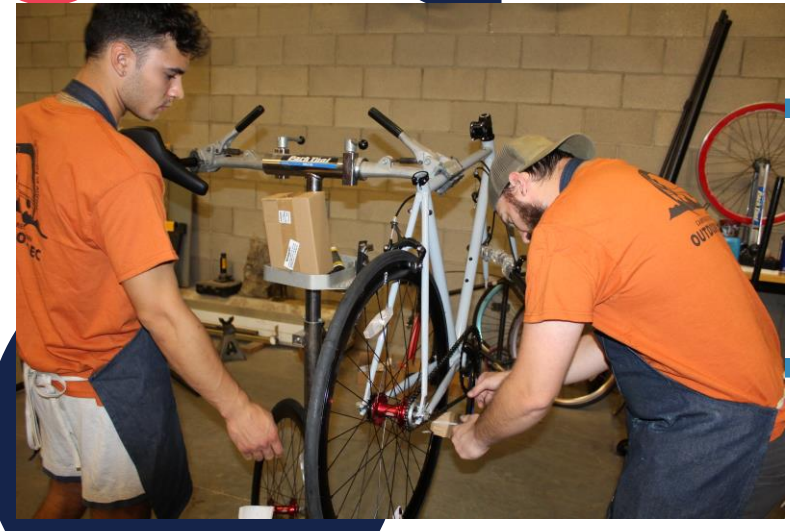
Intramural & Club Sports

Aquatics Safety Classes & Professional Certifications

Outdoor Rec Rental Center & Trips

Bike Repair Station

Bike Rental Program – Coming Soon!



The H&R Fee allows us to provide student events for free!

Special Events



Fall

- Bash at the REC
- Splash at the REC
- Fremont Freebies
- Bear Down Dash 5K
- Zen Day - Fall

Spring

- Hall of Freebies
- REC on the Mall
- Zen Day - Spring

A high-angle photograph of a large outdoor event, likely a campus fair or festival, held on a green field. The scene is filled with a dense crowd of people, many of whom appear to be students. Several red and blue pop-up tents are scattered throughout the area, providing shade. In the background, a tall black fence runs across the field, and beyond that, a residential or commercial area with buildings and trees is visible under a clear sky. The overall atmosphere is busy and social.

Campus REC's Impact on Students

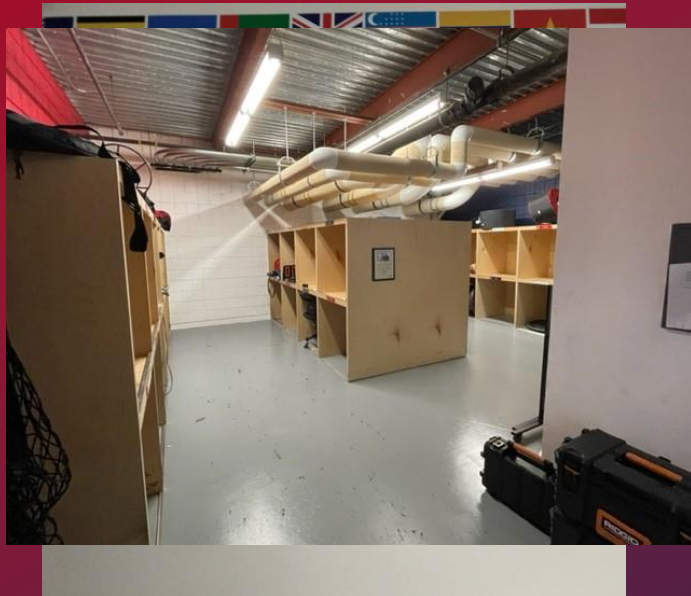
Student Employment



- Large Student Employer
 - 400+ Student Employees
- Over \$1 Million Paid in Student Wages
- Variety of Student Positions
 - Professional Development
 - Flexible Hours
 - Competitive Pay
 - Training and Certifications

Our Commitment to Diversity, Equity, & Inclusion

We believe a healthy, active, and engaged lifestyle is a right afforded to everyone.



+

All Gender Cabanas

Arizona Sovereign Native Nations Tribute

International Flags Celebrating Students' Nations

Campus Partners

- A home for Adaptive Athletics

Collaboration

- Campus Partners
- Tucson Community
- Work Team Involvement

Campus REC Achievements (since we last met...)



Improved security protocols

Management of Bartlett Academic Success Center and Bear Down Building

Continue to implement sustainable energy efforts

Continue to invest in students to put them first

The background image shows a gym interior with three people running on treadmills. They are silhouetted against a large window that looks out onto a city skyline. The sky is a clear blue. The gym equipment is dark, and the overall lighting is dramatic, with the subjects appearing as dark shapes against the bright light from the window. A large, semi-transparent white circle is overlaid on the right side of the image, containing the text and a bulleted list.

COMING SOON!

- Changes in old Wildcat Threads space
- Air Handler Improvements
- Pool Work (Fall 2023)



Questions?

Health and Recreation Advisory Board
October 15, 2022

**Health and Recreation Fee Student Advisory Board
Meeting #2 – Fall 2022; Friday, December 2, 2022; 3:00pm**

Zoom - <https://arizona.zoom.us/j/84752569524> - Password: 275501

<i>Session</i>	<i>Presenter(s)</i>
Welcome	Abhijay M, Chair
Bylaw Discussion <ul style="list-style-type: none">▪ H&R Positions<ul style="list-style-type: none">• Vice Chair• Secretary	Abhijay M.
FY23 Finance Report - Campus Health Services	Shiela Soto, Campus Health
FY23 Finance Report - Campus Recreation	Mayela Trevino, Campus Recreation
Respective Area updates	Dr. David Salafsky and Troy Vaughn
Next H&R Meeting(s) <ul style="list-style-type: none">• Late January/early February 2023• Late April 2023	Troy Vaughn
Constituent discussion and questions	Abhijay M. , Chair
Adjournment	Abhijay M., Chair

Bylaw discussion – about half of the student members have voted on the bylaw changes, will keep survey open for another few days then will close it but at this point it looks like the changes will pass.

Student positions – we have had some people interested in the two open positions and will have them filled soon.

Campus Health FY23 Financial presentation – please see the attached charts

Total revenue is projected to be 14.4 million out of that 8.2 million is from the H&R Fee

Salary expenses are about 12.1 million and operating budget is about 2.4 million

Originally projected a loss of 3.5 million but now anticipating a next loss of 2.5 million

Will be able to cover the loss with the fund balance of about 4.4 million

The H&R fee covers about 2.7 million in salary and ERE expenses and operations is about 640,000

The debt service for the Caps North is 197,000 and for the student success district is 296,000

Campus Recreation FY23 Financial Presentation – please see the attached charts

Total Revenue is projected at 11.5 million

Total Expenses is projected at 12.3 million which will be covered by our fund balance which is 8 million

H&R Fee is our largest area of revenue at 64.8% at just under 7.5 million

Our total expenses paid by the H&R Fee is 7.4 million

With salary & ERE being at 2.4 million and student staff at 1.5 million

Debt Services transfer for North Rec 1.2 million

Debt Services transfer for Student Success at 294,000

Campus Rec Updates

North Rec has been breaking records for services and programs

Campus Rec will be closed between Christmas and New Years

Coming up we will be replacing the turf on Bear Down Field north of the stadium at a cost of about \$500,000 that is being paid out of our reserves, but it is 12 years old and about 4 years beyond its lifecycle.

Over the next few weeks we will be replacing some flooring under some of the weight racks and under the turf in the center of the weight room

We are also launching a bike rental program with a grant that we received so that students can rent a Bike from us instead of buying one. This was something that has been requested for quite awhile, especially from the international students. We will start out with about 100 bikes.

We have plans to expand our Smart Moves workout space (primarily used for Faculty, Staff and Graduate Students as well as some of our Club Sports). We are working on expanding into The old Threads space next to Shake Smart.

Campus Health Updates

We are dealing with what is being called a triple-demic which is Covid, Flu and RSV which is a respiratory Virus. We are seeing 98% capacity in the pediatric beds dealing mostly with RSV.

We are very busy with immunizations for covid boosters, and flu vaccinations.

We are averaging about 800 take away tests per week and we are at about a 6% positivity rate; however, we have more flu and RSV but there are not specific testing / treatments

The last Covid vaccine clinic will end next week until January and then will be on Fridays.

Campus Health will be closed for the holidays but will be open during the University Closure.

We continue to build on programs for Health Promotions at Bear Down which is adjacent to the Campus Rec Space downstairs we have events going on almost every day there to support The Students and to also help manage stress in advance of finals.

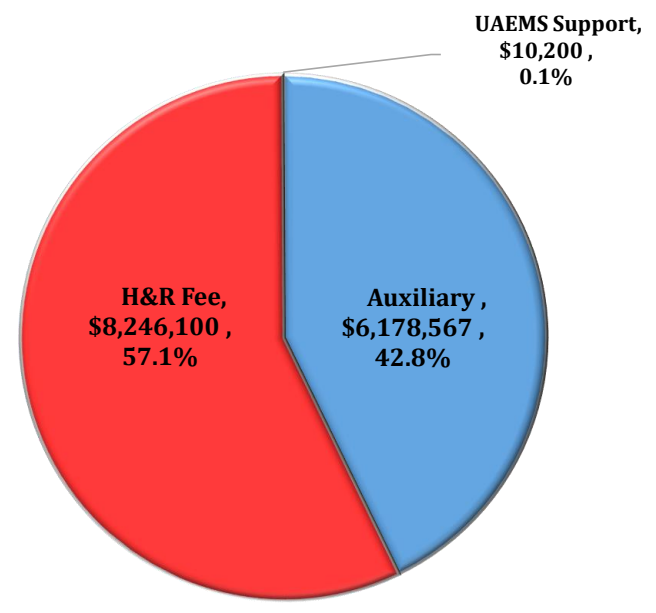
CAPS has been very busy with the challenging fall semester with individual visits, groups and Workshops in addition to some online resources.

Recording for the meeting:

https://arizona.zoom.us/rec/share/ILHPDZQXYLIFs-T34N6LI5bq-pkMdfiCE8WtLS8cpjJBaL18pMT7YQ_Fif-wa6m.HIYbGOGO-6uj3pTo

**Campus Health Service
Total Revenue and Expenses
Budget for FY 2023**

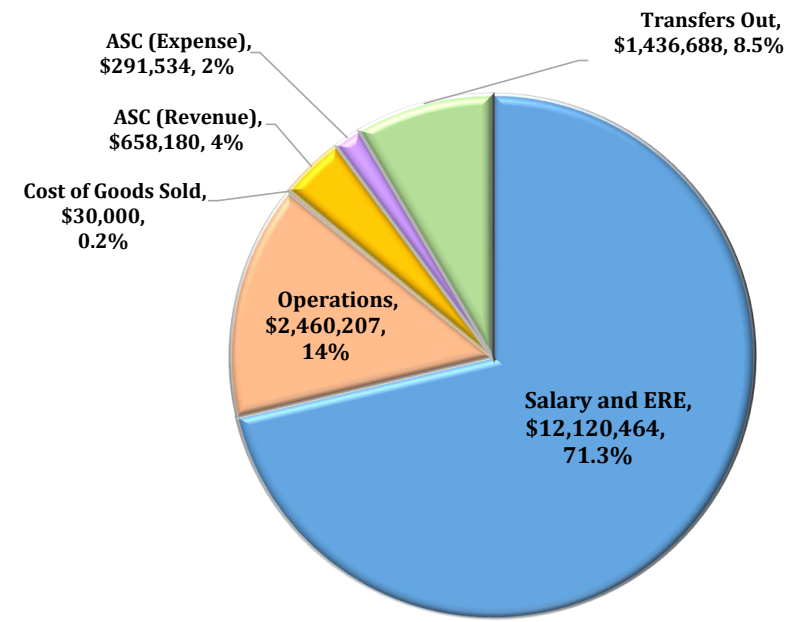
**Campus Health Service Total Revenue
FY 2023**



**Campus Health Service Revenue (All Accounts)
FY 2023**

REVENUE	FY23 Original Budget	FY23 Revised Budget Projections	% of Revenue	Difference	% Change
Auxiliary	\$5,280,738	\$6,178,567	42.8%	\$897,829	17.0%
H&R Fee	\$8,411,800	\$8,246,100	57.1%	(\$165,700)	-2.0%
UAEMS Support	\$10,200	\$10,200	0.1%	\$0	0.0%
Total Revenue	\$13,702,738	\$14,434,867	100.0%	\$732,129	5.3%

**Campus Health Service Total Expenses
FY 2023**



**Campus Health Expenses (All Accounts)
FY 2023**

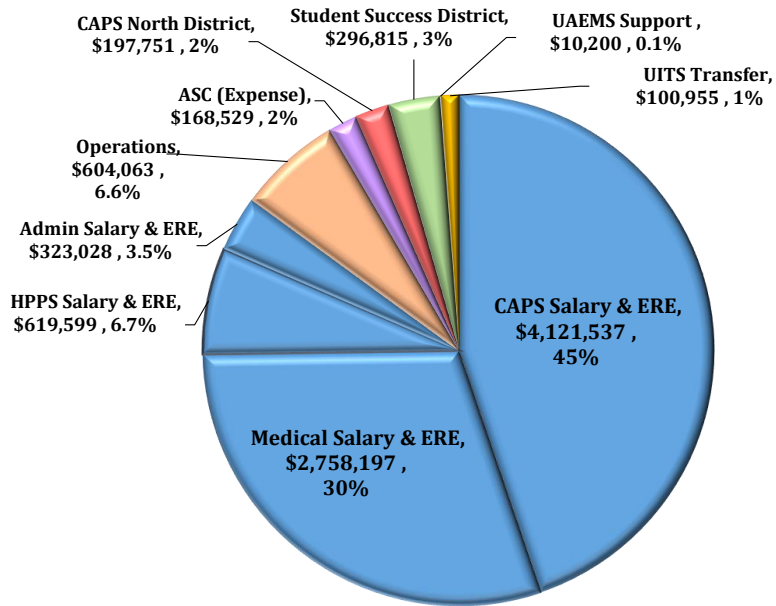
EXPENSES	FY23 Original Budget	FY23 Revised Budget Projections	% of Expense	Difference
Salary and ERE	\$12,824,275	\$12,120,464	71.3%	(\$703,811)
Operations	\$2,338,210	\$2,460,207	14%	\$121,997
Cost of Goods Sold	\$30,000	\$30,000	0.2%	\$0
ASC (Revenue)	\$562,538	\$658,180	4%	\$95,642
ASC (Expense)	\$303,161	\$291,534	2%	(\$11,627)
Transfers Out	\$1,211,888	\$1,436,688	8.5%	\$224,800
Total Expenses	\$17,270,072	\$16,997,073	100.0%	(\$272,999)
Original Net Change *		(\$3,567,334)		
Revised Net Change *		(\$2,562,206)		

* The net loss will be supported by our fund balance

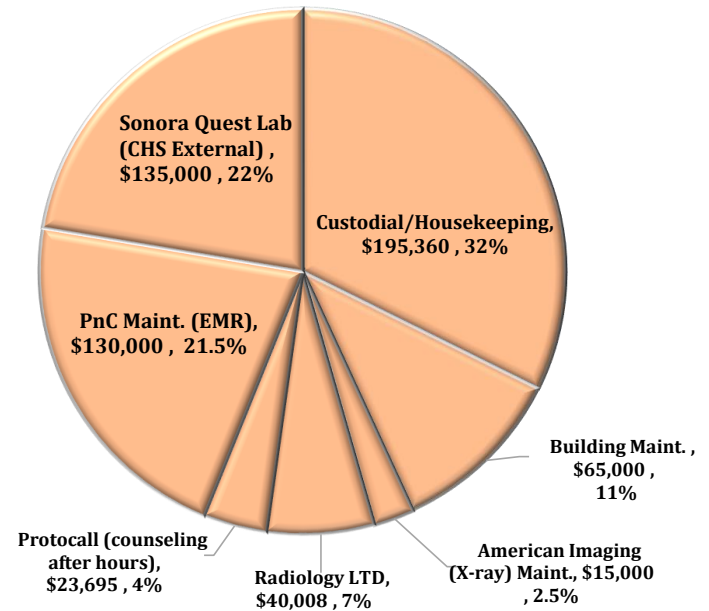
FUND BALANCE	Beginning	Ending
Auxiliary	\$2,579,112	\$1,196,279
H&R Fee	\$3,071,081	\$2,116,507
Designated (Aetna Rebate Account)	\$1,376,479	\$1,151,679
Total Fund Balance	\$7,026,672	\$4,464,465

**Campus Health Service
Health and Rec Fee Expense Breakdown
Budget for FY 2023**

**Campus Health Service H&R Fee Expenses
FY 2023**



**H&R Fee Operations Expense Breakdown
FY 2023**



	Budget Office Original Budget	Budget Office Revised Projections	% Change
FY22 REVENUE:			
CHS' Estimated H&R Revenue *	\$8,411,800	\$8,246,100	-2%

* based on Budget Office projections

EXPENSES:	FY23 Original Budget	FY23 Revised Budget Projections	% of Expense
CAPS Salary & ERE	\$4,388,539	\$4,121,537	45%
Medical Salary & ERE	\$2,739,062	\$2,758,197	30%
HPPS Salary & ERE	\$665,544	\$619,599	6.7%
Admin Salary & ERE	\$272,545	\$323,028	3.5%
Operations	\$592,063	\$604,063	6.6%
ASC (Expense)	\$173,155	\$168,529	2%
CAPS North District	\$197,751	\$197,751	2%
Student Success District	\$296,815	\$296,815	3%
UAEMS Support	\$10,200	\$10,200	0.1%
UIITS Transfer	\$100,955	\$100,955	1.1%
TOTAL EXPENSES	\$9,436,629	\$9,200,674	100%

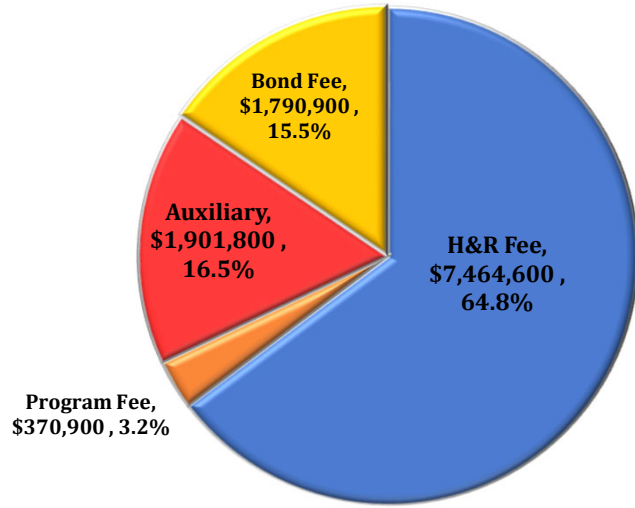
OPERATIONS:	FY23 Original Budget	FY23 Revised Budget Projections	% of Expense
Custodial/Housekeeping	\$195,360	\$195,360	32%
Building Maint.	\$68,000	\$65,000	11%
American Imaging (X-ray) Maint.	\$10,000	\$15,000	2.5%
Radiology LTD	\$40,008	\$40,008	7%
Protocall (counseling after hours)	\$23,695	\$23,695	4%
PnC Maint. (EMR)	\$120,000	\$130,000	21.5%
Sonora Quest Lab (CHS External)	\$135,000	\$135,000	22%
Total H&R Fee/Operations	\$592,063	\$604,063	100%

ESTIMATED NET CHANGE * (\$1,024,829) (\$954,574)

* the difference will be supported by our fund balance

**Campus Recreation
Total Revenue and Expenses
Budget for FY 2023**

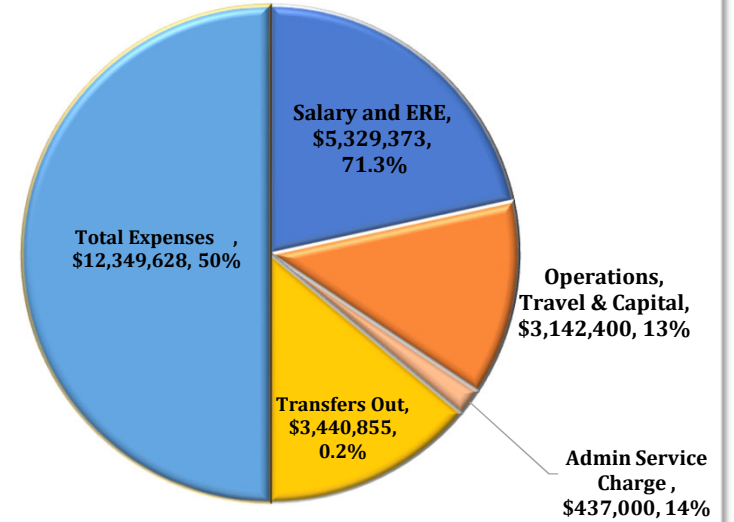
**Campus Recreation Total Revenue
FY 2023**



**Campus Recreation Revenue (All Accounts)
FY 2023**

REVENUE	FY23 Original Budget	FY23 Revised Budget Projections	% of Revenue	Difference	% Change
H&R Fee	\$7,798,100	\$7,464,600	64.8%	(\$333,500)	-4.3%
Program Fee	\$351,300	\$370,900	3.2%	\$19,600	5.6%
Auxiliary	\$1,917,300	\$1,901,800	16.5%	(\$15,500)	-0.8%
Bond Fee	\$1,820,400	\$1,790,900	15.5%	(\$29,500)	-1.6%
Total Revenue	\$11,887,100	\$11,528,200	100.0%	(\$358,900)	-3.0%

**Campus Recreation Total Expenses
FY 2023**



**Campus Recreation Expenses (All Accounts)
FY 2023**

EXPENSES	FY23 Original Budget	FY23 Revised Budget Projections	% of Expense	Difference
Salary and ERE	\$5,646,053	\$5,329,373	43.2%	(\$316,680)
Operations, Travel & Capital	\$3,245,050	\$3,142,400	25.4%	
Admin Service Charge	\$342,500	\$437,000	3.5%	\$94,500
Transfers Out	\$3,422,878	\$3,440,855	27.9%	\$17,977
Total Expenses	\$12,656,481	\$12,349,628	100.0%	(\$306,853)

Original Net Change * **(\$769,381)**

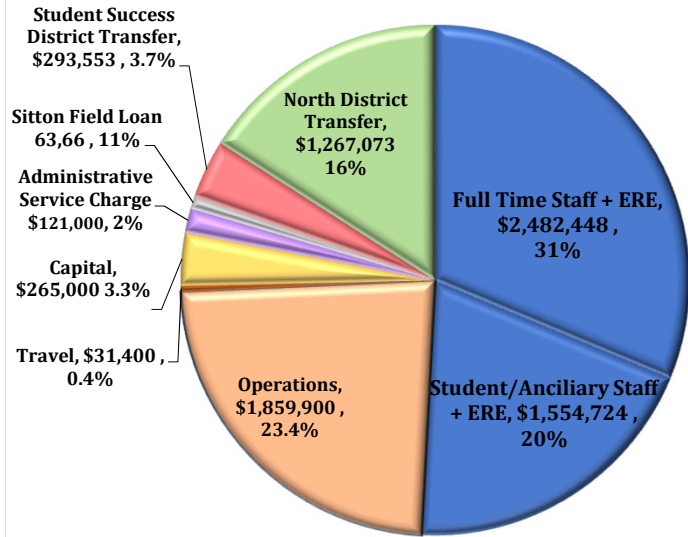
Revised Net Change * **(\$821,428)**

* The net loss will be supported by our fund balance

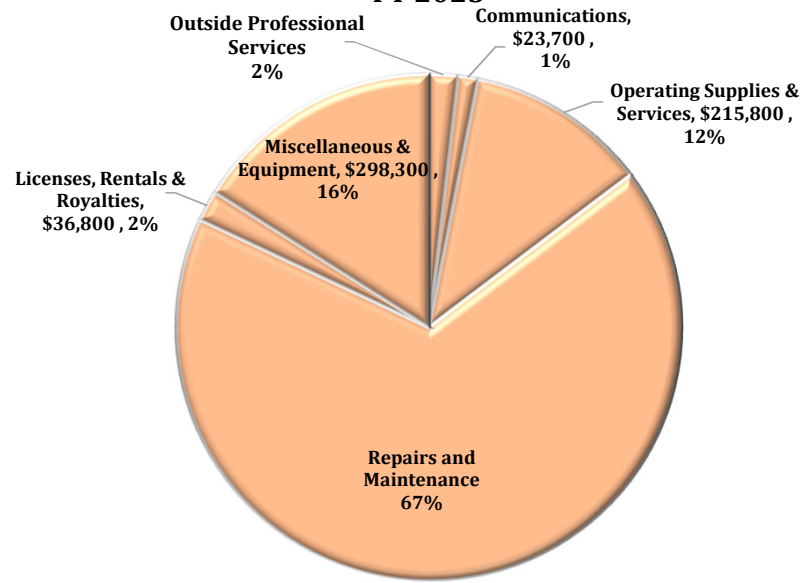
FUND BALANCE	Beginning	Ending
H&R Fee	\$4,542,357	\$3,043,957
Program Fee	\$555,926	\$649,126
Auxiliary	\$411,120	\$797,820
Bond Fee	\$2,620,028	\$2,546,628
Total Fund Balance	\$8,129,431	\$7,037,531

**Campus Recreation
Health and Rec Fee Expense Breakdown
Budget for FY 2023**

**Campus Recreation H&R Fee Expenses
FY 2023**



**H&R Fee Operations Expense Breakdown
FY 2023**



	Budget Office Original Budget	Budget Office Revised Projections	% Change
FY23 REVENUE:			
CREC Estimated H&R Revenue *	\$7,798,100	\$7,464,600	-4%
* based on Budget Office projections			

EXPENSES:	FY23 Original Budget	FY23 Revised Budget Projections	% of Expense
Full Time Staff + ERE	\$2,700,351	\$2,482,448	31%
Student/Anciliary Staff + ERE	\$1,546,170	\$1,554,724	20%
Operations	\$2,068,000	\$1,859,900	23.4%
Travel	\$20,900	\$31,400	0.4%
Capital	\$350,000	\$265,000	3.3%
Administrative Service Charge	\$123,400	\$121,000	2%
Sitton Field Loan	\$63,661	\$63,661	1%
Student Success District Transfer	\$293,553	\$293,553	3.7%
North District Transfer	\$1,267,073	\$1,267,073	16.0%
TOTAL EXPENSES	\$8,433,108	\$7,938,759	100%

OPERATIONS:	FY23 Original Budget	FY23 Revised Budget Projections	% of Expense
Outside Professional Services	\$35,600	\$34,100	2%
Communications	\$26,500	\$23,700	1%
Operating Supplies & Services	\$429,500	\$215,800	12%
Repairs and Maintenance	\$1,162,000	\$1,251,200	67%
Licenses, Rentals & Royalties	\$37,400	\$36,800	2%
Miscellaneous & Equipment	\$377,000	\$298,300	16%
Total H&R Fee/Operations	\$2,068,000	\$1,859,900	100%

ESTIMATED NET CHANGE * (\$635,008) (\$474,159)

* the difference will be supported by our fund balance

Health & Recreation Fee Student Advisory Board (H & R Fee Committee)

By-Laws – updated January 2023

Introduction:

Initially, on March 11, 2010, the Arizona Board of Regents approved a revised proposal from UA President, Dr. Robert Shelton, to phase in a new \$306/year mandatory fee over a two---year period beginning in FY 2011 to help support the UA Campus Health Service and UA Department of Campus Recreation. Then, on April 7, 2011, the Arizona Board of Regents approved a revised second phase Health & Recreation Fee proposal from UA President, Dr. Robert Shelton. The second phase of the mandatory Health & Recreation Fee request was revised to \$150/year for a total of \$300/year. The second phase amount was split \$79/year for the Campus Health Service and \$71/year for the Department of Campus Recreation.

The first year of the two---year phase in provided for a mandatory Health & Recreation Fee of \$150/year with a larger proportionate share of the Fee being directed to the Campus Health Service. A subsequent agreement was reached within the Division of Student Affairs that directed \$80/year of the \$150/year Health & Recreation Fee to the Campus Health Service and the remaining \$70/year to the Department of Campus Recreation. In full, the revised \$300/year mandatory Health & Recreation Fee is effective beginning fall semester 2011 and \$159/year will be directed to the Campus Health Service with the remaining \$141/year going to support portions of the Department of Campus Recreation.

The institution of a mandatory Health & Recreation Fee directly results from the need to move from a less predictable funding model associated with State and Retained Fees to a UA student enrollment based fee funding model to ensure a greater degree of predictability. Both UA students and parents of UA students were surveyed and supported (64% and 78%, respectively) the institution of a mandatory Health & Recreation Fee. The institution of a Health & Recreation Fee will help to assure that services associated with the Campus Health Service and the Department of Campus Recreation are in place and available to the UA student population.

Very importantly, the Health & Recreation Fee approval also includes a provision to have in place a Student Advisory Board that will serve to offer input and perspectives concerning the use of the Fee funding for both the Campus Health Service and Department of Campus Recreation. In turn, key members of the Campus Health Service and Department of Campus Recreation leadership will be present during Health & Recreation Fee Student Advisory Board meetings and will share financial and relevant operational information concerning the planned use of the Fee funding to keep the advisory board well informed.

Health & Recreation Fee Student Advisory Board

Student Advisory Board Role:

The Health & Recreation Fee Student Advisory Board is advisory only and will work with the leadership of the Campus Health Service and the Department of Campus Recreation to offer UA student input and perspectives. Should any issues arise that require further UA administrative consideration, the Vice Provost, Campus Life; Dean of Students will have final decision---making authority.

Throughout the Health & Recreation Fee Student Advisory Board meeting cycle, questions will be answered and information shared so as to provide clarity and understanding relative to how the units are funded and how the Fee dollars are being applied.

Student Advisory Board Membership Composition/Selection:

In order to ensure a good cross---sectional representation of UA students and to assure that definitive information from the Campus Health Service and Department of Campus Recreation leadership is available for the Advisory Board, the following Advisory Board composition is recommended:

UA Student Composition – 2-ASU , 2---GPSC, 1---RHA, 1---International, 1---Off Campus Housing, 3- At Large, 1--- Fraternity and Sorority Programs, 1 Cultural Centers student, 1 EMS, 1---CHS Student Employee, and 1---CRC Student Employee.

Ex---Officio Members – 1---Campus Health Service Director, 1---Department of Campus Recreation Director, 1--- UA

Budget Office professional and the Student Affairs Division Business Manager.

Selection to the Advisory Board– ASUA, GPSC, RHA, Off Campus Housing, and Fraternity and Sorority Programs will appoint the members they wish to have on the Advisory Board. The International student member of the board may be selected via appointment by their leadership or if necessary a run-off election held by their constituency. The CHS student employee, CRC student employee and At-Large members will be selected by the Student Advisory Board.

Student Advisory Board Structure:

The composition of the Health & Recreation Fee Student Advisory Board shall be comprised of a cross-section of the UA student population to ensure good representation on this Board. Therefore, undergraduate, graduate and professional students will be asked to participate including those who may be international and/or minority students and domestic students, living on or off campus.

- In order to be effective, a minimum of twelve (12) students representing a cross-section of the UA student population will be offered Advisory Board positions.
- The Advisory Board will be lead by a Chair (or co-Chairs) who will be selected through Advisory Board election to help ensure that meetings are scheduled, properly conducted and documented. In addition, a Vice Chair (for succession purposes) and a Secretary will also be elected by the Advisory Board membership for a one year term to be reviewed annually.
- Designated Directors of Campus Recreation, Campus Health, The Business Manager Sr. from Campus Recreation, The Director of Administrative Services at Campus Health, a representative from the Budget and Planning office and A representative from the Provost Finance and Administration office will serve as ex-officio members of the group.
- The Health & Recreation Fee Student Advisory Board will be expected to attend an orientation meeting in the fall and to meet at least 3-times per year. The Orientation Meeting will be in early to mid-fall semester will be dedicated to sharing information about the Health & Recreation Fee Proposal and financial structures of the Campus Health Service and the Department of Campus Recreation to bring the Advisory Board up to speed – (information packets will be provided). The second meeting later in the fall semester will be a pre-budget construction meeting and will allow for input from the UA students into how the Fee funding might be applied. The third meeting in early spring semester will focus on how budget updates if available, programming information and updates for Campus Health & Campus Recreation. The last meeting will be held late spring semester and will focus on the Health & Recreation Fee dollars will be applied during the budgeting process for the next fiscal year.
- Attendance will be taken and Minutes of these Board meetings will be constructed by the Secretary, approved by the Board and distributed to the Health & Recreation Fee Student Advisory Board members, appropriate UA leadership and placed on The Campus Recreation websites for public viewing.
- It is further recommended that Health & Recreation Fee Student Advisory Board meetings take place at either the Campus Health Service or Department of Campus Recreation facilities.

Health & Recreation Fee Student Advisory Board --- Membership Terms/Conditions:

Terms of UA Student Membership– A UA student member may serve for a minimum of one term which will be one fall-spring cycle

Vacancies– Vacancies will be replaced in a manner that assures the best cross-sectional UA student representation possible.

Expulsions and Impeachment– The Vice Provost Campus Life; Dean of Students may remove a UA student member of the Board for violations of the UA Student Code of Conduct. All other expulsions and impeachments will be conducted according to Robert’s Rules of Order. In these instances, it must be evident that a Board member’s actions are being disruptive or deleterious to the constructive proceedings of the Board’s activities.



**Health and Recreation Fee Advisory Board
Meeting #3 – Spring 2023; Wednesday, February 1, 2023**

Via ZOOM; 3:00pm

<https://arizona.zoom.us/j/85206805604>

Password: 385491

<i>Session</i>	<i>Presenter(s)</i>
Welcome/announcements	Abhijay Murugesan, Chair
By-Laws Update	Abhijay Murugesan, Chair
Discussion on Change in total meetings	Abhijay Murugesan, Chair
Respective Area updates: Campus Health Campus Recreation	Dr. David Salafsky Troy Vaughn
Constituent discussion and questions	Abhijay Murugesan, Chair
Next H&R Meeting(s) <ul style="list-style-type: none">• Later April 2023-TBA	Troy Vaughn
Adjournment	Abhijay Murugesan, Chair

The recording of the meeting can be found - https://arizona.zoom.us/rec/share/apJ0wZ2Yg-HolOn-5gc-JsYbrFEx3oPnoL-xPSlg_LvmEg2dz95i468glz2AeLZr.xwtKMK6DY9_j_d8d?startTime=1675288531000

By-Laws Update

There were two changes to the By-Laws that were sent out to all of the student members to vote on the first was to have 2 representatives from ASUA and that they can allocate those representatives however they want. The second was to clarify the number of student representatives at 12 as there was a discrepancy in the By-Laws of 12 in one place and 15 in another. Both changes were approved and passed.

There were vacancies in leadership so Dr. Anesu Samuel Masango volunteered and agreed to join the team as the Vice-Chair.

There has been discussion to change the By-Laws to require only 3 meetings per year; the first would be the orientation at the beginning of October, the second would be a review of the previous fiscal year budget and a preview of the upcoming fiscal year budget in late November or early December, the last meeting would in April to review the final budget for the upcoming fiscal year as well as discussion for the next academic year of representatives, and officers

(Chair, Vice-Chair, and Secretary). The current model of 4 meetings includes a meeting at the end of January / early February when updated budget information is not available. If budget information is available earlier or if there is a need for discussion or information is needed to be addressed, then a 4th meeting could be added or the information could be disseminated via a report in an email. Abhijay will be sending out a Qualtrics survey that will take just a few minutes to complete to all of the student representatives to vote on that change.

Campus Health Update:

The take away testing for Covid is averaging less than 100 tests per day and the positivity rate is just under 5%. The Biden Administration released a notification that the pandemic public health emergency is slated to wrap up in May and everyone is still working out what that will mean for individuals, institutions, and companies and certainly for the University community. It will change things and I encourage everyone to stock up on at home test kits as testing will be less available as we move from a public emergency health model into a more traditional healthcare model that we have before Covid. The concern is for people who do not have good insurance coverage to make sure they have the access to testing and vaccines as well as new boosters as they become available.

On the CAPS (counseling & psych service) side of things I wanted to make sure you all had access to the resources that are available through CAPS as they are continually working on web resources and if you haven't been to that website recently - <https://caps.arizona.edu/services> - there are a lot of new things going on at CAPS one is a new partnership with Together All which is an online community where students can interact with people on line in a safe space to have discussions and get feedback on things. Many of the resources and services are free so that is a great benefit to students.

For Health Promotions we are continually working on education and outreach across campus and in the Bear Down we have coined the name The Health Promotions Hide Away and that space is ramping up in terms of programming with things like Wellness Wednesdays, Stress Busters and a lot of other drop-in activities. We are in the middle of our annual Health & Wellness Survey and will be in over 100 classrooms across campus in the coming weeks. It is a great assessment tool for us to look at the student health trends over time.

Campus Recreation Update:

We have several projects going on or will be going on in the coming months.

1. The old Bookstore (Thread's) space is having some work done that will become the new "Smart Moves" which is a smaller workout area for faculty, staff and graduate students to utilize away from the student population. The flooring is going down now and we are excited for the new space for our faculty, staff and graduate students. The old smart moves just behind the registration/front desk will become the Front Foot Studio space for our club sport teams to work out together as a team. We have about 1500 students who are a part of Club Sports so that will be a great space for them to do specific workouts together. The updates and changes to that space was paid by a donation through the Rugby Club though all of the clubs will have use of it. The ribbon cutting for that space is tomorrow morning.
2. The Bear Down Field next to the stadium was in need of resurfacing and instead of tearing up the old field we went with an overlay of new turf as the old turf then becomes the cushion under the turf so nothing goes into the trash or landfill. This project was paid with reserves money that Campus Rec had set aside and quite a bit was done over the winter break and will be open and ready for use a month ahead of schedule.
3. In our weight room we needed to replace some of the flooring under the squat racks and Smith Machines on the far east side of the weight room and the indoor turf area that gets a lot of use, that flooring was replaced over the winter break and we have gotten a lot of positive feedback from the students who utilize those areas.
4. The Pool needs to be resurfaced and we are beginning the planning stages of this project as it will take the pool offline over the winter break and into January next year. We are working on options both on and off campus for the swimmers to have a place to go during that time.

5. We are also working on a project that will be from November 2023 – April 2024 of replacing all of the air handlers (heating, cooling and ventilation systems) there are 10 units on the roof that all need to be replaced. This will have minimal impact to the students as a majority of the work will be on the roof; however, there might be a few days where certain areas will be closed for safety. This project is going to cost about 5 million dollars and that is being paid for by the Campus Rec reserves.
6. The last thing to discuss is a question that was brought up by one of the H&R representatives regarding the Bike rental program. What happens if a bike that is rented is stolen? It is the renter's responsibility though we will look at each situation individually. When we rent out a bike we provide a very high quality U-Lock with it and give instructions on how to properly lock a bike up to minimize the risk of it being stolen. There are also bike lockers across campus and we also suggest that even when using a bike locker to lock the bike inside the locker as well.

The next meeting will be in April and we should have the new finalized budget numbers at that time and again a survey will be sent out about adjusting the number of meetings.

Thank you



Health and Recreation Fee Advisory Board
Meeting #4 – Spring 2023; Tuesday, April 25, 2023
Via ZOOM; 3:00pm

Previous H&R Fee documents, agendas and meeting minutes can be found here
https://rec.arizona.edu/about/health-recreation-fee-student-advisory-board

Table with 2 columns: Session and Presenter(s). Rows include Welcome/announcements, By-Laws Update, Budgetary Updates, Respective Area updates, Constituent discussion and questions, Board recruitment, THANK YOU's, Next H&R Meeting(s), and Adjournment.