

Please read and sign this Agreement. **YOU MUST BE AT LEAST 18 YEARS OLD TO SIGN THIS FORM.** If student is less than 18 years of age, a parent or legal guardian must read and sign this form, and return it to Campus Recreation before student may access any Campus Recreation facilities, including the Student Recreation Center.

ASSUMPTION OF RISK AND PERSONAL RESPONSIBILITY AGREEMENT

In consideration for access to the services, clinics, facilities and premises provided by The University of Arizona Department of Campus Recreation Collegiate Club Sports Program, its officers, directors, employees, agents and volunteers, on behalf of the Arizona Board of Regents, its officers, directors, employees, agents and volunteers (collectively referred to as "Campus Recreation"), for the purposes of athletics, physical fitness, sports, exercise, training and recreational activities (the "Activities" as more fully defined below), I agree as follows:

Although Campus Recreation has taken reasonable steps to provide me with appropriate equipment, facilities and skilled staff so I can enjoy the Activities, I acknowledge that the Activities are not without risk and the safeguards taken cannot constitute a guarantee that injury will not occur. Campus Recreation does not want to frighten me or reduce my enthusiasm for the Activities, but thinks it is important for me to know in advance what to expect and to be informed of the inherent risks of the Activities.

I acknowledge the existence of risks in connection with my participation in the Activities, as well as my use of the equipment, facilities, clinics or services provided by Campus Recreation. My participation in the Activities is purely voluntary and I elect to participate with full knowledge of the risks of injury, illness or damage to property. I accept full responsibility for any injuries, illness or damage to property that I may sustain in the course of such activities. More specifically, I acknowledge and accept the following risks:

Possible accidents, injuries, medical disorders, pain and suffering, lost income and medical expenses resulting from my participation in the Activities, which activities include but are not limited to basketball, volleyball, running, swimming, racquetball, squash, badminton, table tennis, weight lifting, or working out on a piece of cardio equipment, and my use of Campus Recreation's equipment, facilities, premises, clinics, including negligent instruction, supervision or failure to warn by Campus Recreation.

Possible injuries and medical disorders arising out of the Activities and/or negligent instruction, supervision or failure to warn by Campus Recreation include but are not limited to heart attack, stroke, heat stroke or exhaustion, sprains, broken bones, torn muscles, torn ligaments, cuts, splinters, scrapes, bruises, dislocations, concussions, drowning, nerve damage, eye injury, tendonitis and brain or spinal cord injuries, which may result in temporary or permanent paralysis, loss of bodily functions, disability or even death.

The risks listed herein may be caused by my own actions or inactions, the actions or inactions of others participating in the Activities, the conditions under which the Activities take place, or the negligence of Campus Recreation. Some activities are performed individually, while other activities require participation with other participants. Campus Recreation instructors will lead some activities. Many activities require sports equipment or fitness equipment. Campus Recreation has some equipment available for checkout or rental, while some participants choose to provide their own sports equipment.

I acknowledge the existence of certain rules and procedures concerning my participation in the Activities and the use of equipment, facilities clinics, and premises, and I agree to abide by those rules and procedures. I agree to inspect the premises, equipment and facilities prior to participating, and to immediately report any unsafe conditions to Campus Recreation. I agree that if at any time I believe the conditions of the premises, equipment or facilities to be unsafe, I will immediately discontinue use of such premises, equipment or facilities and notify Campus Recreation.

I acknowledge that engaging in the Activities may require a degree of skill and knowledge different from other activities and that I have responsibilities as a participant. I acknowledge that the staff of Campus Recreation is available to attempt to more fully explain to me the nature and physical demands of the Activities and the inherent and other risks, hazards and dangers associated with the Activities. I understand that I am required to show my current CatCard in order to access the Activities, the facilities, equipment, clinics and services of Campus Recreation.

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