



Day Hike Leave No Trace (LNT)



Leave No Trace (LNT) trainer course is an environmental ethics course perfect for any outdoor professional or recreator.

Through this course, you will be taught to teach all seven LNT principles focused on minimizing human impact in natural spaces.

This day hike will be the perfect introduction to these principles in the world's best classroom—the outdoors!

Itinerary

Subject to change

Day One:

- Meet at Outdoor Recreation
- Drive to trailhead
- Begin hiking
- Lunch on trail
- Hike back at trailhead
- Drive back to Tucson

PACKING LIST

- Hiking boots/ shoes
- Sun/ quickdry shirt
- Rain jacket
- Camera
- 2 water bottles (2 Liter)
- Wool/fleece jacket
- Lunch

OUTDOOR PROVIDES

- Transportation
- Leadership and instruction
- Backpack

EXERTION LEVELS

