Grand Canyon Camp and Hike

Come join Outdoor Recreation for a scenic tour of the Grand Canyon! Venture to the beautiful Southern Rim of Grand Canyon National Park where we will spend the weekend camping in Mather campground, and doing various hikes in the park.

We will hike down into the canyon, as well as explore some of the trails to overlooks along the rim of the canyon.

Itinerary
Subject to change

Day One:
- Meet at OR
- Drive to Grand Canyon National Park
- Stop for fast food in Flagstaff
- Arrive at campsite, set-up camp

Day Two:
- Breakfast, pack a lunch
- Head to South Kaibab Trailhead and begin hiking
- Lunch at skeleton point
- Stop by the gift shop
- Return to campsite
- Eat dinner

Day Three:
- Sunrise at Mather point with warm beverages
- Return to campsite for breakfast
- Pack-up and drive to Tucson
- Stop for lunch in Flagstaff
- Return to Tucson

For more information, contact Outdoor Recreation at outdoorrec@arizona.edu or (520) 621-8233.

PACKING LIST

- 2 pairs of wool/synthetic socks
- Hiking boots and camp shoes
- Wool/Polypropylene Long Underwear (top & bottom)
- 1 pair of shorts
- Long Pants
- Short Sleeved Shirt
- Long Sleeved Shirt
- Wool/fleece sweater
- Winter jacket
- Any lifesaving medication (epi-pens, inhaler)
- Toiletry Items
- 2 Water bottles - 1 Liter each
- Camera (optional)
- Sunscreen, lip balm
- Sun hat/wool hat and gloves
- Sunglasses
- Money for Meals En Route
- Headlamp or small flashlight*
- Daypack*
- Sleeping bag rated to 0 F*
- Sleeping pad*

* May be reserved from Outdoor Recreation at no additional cost.

OUTDOOR PROVIDES

- Transportation
- Meals while backpacking
- Permits
- Cooking and camping equipment
- Leadership and instruction

EXERTION LEVELS

LOW MODERATE HIGH