



OUTDOOR  
RECREATION

# GRAND CANYON

## CAMP AND HIKE



Join us for a Grand Canyon weekend trip, an unforgettable adventure to one of the world's most iconic natural wonders. This trip includes scenic hikes along the rim and trails below, time to take in breathtaking views, and nights spent camping under star-filled skies. Designed for exploration, connection, and awe, this weekend getaway is perfect for experiencing the scale and beauty of the Grand Canyon with an adventurous group.

## ITINERARY *Subject to change*

### Day 1

- Meet at Outdoor Recreation
- Drive to the Grand Canyon
- Grab dinner on the way there
- Arrive at camp and set up

### Day 2

- Wake up and make breakfast
- Hike!
- Explore the Grand Canyon National Park
- Head back to camp and cook dinner

### Day 3

- Wake up and make breakfast/ pack up camp
- Head back to Outdoor Recreation

## PACKING LIST

- 2 Pairs of wool/synthetic socks
- Hiking boots and camp shoes
- Wool/Polypropylene long underwear (top and bottom)
- 1 pair of shorts
- Long pants
- Short sleeved shirt
- Long sleeved shirt
- Wool/fleece sweater
- Winter Jacket
- Toiletry Items
- 2 Water bottles (2 Liters)
- Camera (optional)
- Sunscreen, lip balm
- Sun hat
- Wool hat and gloves
- Sunglasses
- Money for meals en route
- Any personal lifesaving medications
- Headlamp or small flashlight\*
- Daypack\*

*\* May be reserved from Outdoor Recreation at no additional cost.*

## OUTDOOR PROVIDES

- Transportation
- Leadership and instruction
- All camping gear
- Breakfast, Lunch and Dinner on day 2, and Breakfast on day 3

## EXERTION LEVELS

