

# Hang Gliding Maricopa, Arizona



Ever wanted a real "bird's eye view?" Change your perspective with hang gliding. This sport allows you to soar through the skies offering a unique experience of freedom, excitement and a connection with nature.

For many outdoor enthusiasts, hang gliding provides an unforgettable experience that leaves them yearning for more.

#### Itinerary

Subject to change

#### Day Trip:

- Meet at Outdoor Recreation (OR)
- Leave UAZ
- Arrive at flight park
- 5-minute initiative, a chance to give back to the natural areas around us
- Fly time
  - All flights are tandem with an
- instructor; we will take turns gliding and watching from the ground.
- Lunch
  Participant provided could
  be a packed lunch or we can stop
  somewhere on the way back.
- Head back to OR

### PACKING LIST

- Hiking boots and hiking pants
- Warm clothes and rain jacket It gets cold at 2,000 ft.
- Camera (optional)
- Day pack\*
- Water bottle(s) (2 liters)
- Hat and sunscreen
- Lunch and snacks
- Any personal lifesaving medications (epi-pens, inhalers, etc.)
- \* May be reserved from Outdoor Recreation at no additional cost.

## OUTDOOR PROVIDES

- Transportation
- Leadership and instruction
- Flight school
- All trip-specific gear

**EXERTION LEVELS** 

