



# Intermediate Backpacking Mount Lemmon



The Santa Catalina Mountains are one of the most unique and beautiful backpacking destinations in the country with nearly 20 miles of remote hiking through the mountains.

On this Outdoor REC trip, we will be utilizing a variety of lightweight equipment and techniques to keep our pack weight as low as possible, giving us more time and energy to explore the mountain.

## Itinerary

Subject to change

### Day One:

- Arrive at Outdoor Recreation (OR)
- Pack backpacks
- Drive to Marshall Gulch Trailhead
- Walk ~3 miles to campsite
- 5-minute initiative, a chance to give back to the natural areas around us
- Set up camp, eat dinner

### Day Two:

- Coffee and breakfast
- Pack up camp & continue hiking
- Rest and snacks
- Lunch at Cathedral Rock
- Arrive at Hutch's Pool
- Set up camp and eat dinner

### Day Three:

- Coffee and breakfast
- Pack up camp and begin hiking
- Lunch at Sycamore Reservoir
- Optional break along the creek
- Arrive at Gordon Hirabayashi Recreation Site, depart in vans
- Head back to OR

## PACKING LIST

- 4 pairs of wool/synthetic socks
- Hiking boots and camp shoes
- Wool/Polypropylene Long Underwear (top & bottom)
- Shorts and long pants
- 2 Short Sleeved Shirts
- 2 Long Sleeved Shirts
- Mid weight wool/fleece jacket
- Heavy weight down or synthetic winter jacket
- Any personal lifesaving medication
- Toiletry Items
- Water bottles (2 Liters)
- Camera (optional)
- Sunscreen, lip balm
- Sun hat/wool hat, sunglasses
- Spare Batteries for Headlamp
- Money for Meals En Route
- Headlamp or small flashlight\*
- Backpack\*
- Sleeping bag rated to 20 F\*
- Foam Pad\*

\* May be reserved from Outdoor Recreation at no additional cost.

## OUTDOOR PROVIDES

- Transportation
- All trip-specific gear
- Food provided, while on site
- Entrance and Camp Fees
- Cooking and camping equipment
- Leadership and instruction

### EXERTION LEVELS

