

# INTERMEDIATE CANYONEERING



Ready to level up? Our Intermediate Canyoneering trip takes you deeper into the wild, where longer rappels, complex route-finding, and technical challenges await. Designed for those with some experience under their harness, this adventure blends teamwork, skill-building, and stunning remote canyons for a truly epic experience. Get ready to push boundaries, master new techniques, and earn every view!

## ITINERARY (subject to change)

- Meet at Outdoor Recreation
- Drive to Canyon
- 5 minute initiative, a chance to give back to the natural areas around us
- Arrive at canyon
- Begin canyoneering
- Head back to Outdoor Recreation

\*For more information, contact Outdoor Recreation at [outdoorrec@arizona.edu](mailto:outdoorrec@arizona.edu) or (520) 621-8233

## PACKING LIST

- Hiking Boots/Shoes
- Sun/Quickdry Shirt
- Rain Jacket
- Camera (optional)
- Water Bottles (2 Liters)\*
- Any personal lifesaving medications
- Sunscreen
- Wool/Fleece Jacket
- Lunch and Snacks

\*May be reserved from Outdoor Recreation at no additional cost

## OUTDOOR PROVIDES

- Transportation
- Leadership and Instruction
- Canyoneering Equipment
- Backpack
- All trip-specific gear

### EXERTION LEVELS

