

INTRO TO CANYONEERING



Get ready to explore hidden worlds carved by water and time! Our Intro to Canyoneering program is your gateway to thrilling rappels, natural water slides, and breathtaking slot canyons. No experience? No problem! With expert guidance, top-notch gear, and stunning scenery, you'll build confidence, skills, and unforgettable memories. Adventure is calling—are you ready to answer?

ITINERARY (subject to change)

- Meet at Outdoor Recreation
- Drive to Canyon
- 5 minute initiative, a chance to give back to the natural areas around us
- Arrive at canyon
- Begin canyoneering
- Head back to Outdoor Recreation

*For more information, contact Outdoor Recreation at outdoorrec@arizona.edu or (520) 621-8233

PACKING LIST

- Hiking Boots/Shoes
- Sun/Quickdry Shirt
- Rain Jacket
- Camera (optional)
- Water Bottles (2 Liters)*
- Any personal lifesaving medications
- Sunscreen
- Wool/Fleece Jacket
- Lunch and Snacks

*May be reserved from Outdoor Recreation at no additional cost

OUTDOOR PROVIDES

- Transportation
- Leadership and Instruction
- Canyoneering Equipment
- All trip-specific gear

EXERTION LEVELS

