Introduction to Climbing

Climbing Magazine named Tucson the best city for rock climbing in the USA – come find out why! We will be climbing some of southern Arizona’s amazing granite walls in the Catalina Mountains on Mount Lemmon.

This trip is appropriate for people without previous outdoor climbing experience. Instruction will include use and care of equipment, safety systems and rock-climbing technique.

Itinerary
Subject to change

Day One:
- Meet at OR
- Arrive at crag
- Climb
- Lunch
- Drive back to OR

PACKING LIST

- Athletic shoes and socks
- Shorts or pants to climb in
- Shirt (long sleeves will provide extra warmth and/or sun protection)
- Wool/fleece sweater or jacket
- 3 Water bottles to hold 1 quart each
- Sunscreen
- Climbing shoes and chalk*
- Day pack*
- Camera (optional)
- Lunch

* May be reserved from Outdoor Recreation at no additional cost.

OUTDOOR PROVIDES

- Transportation
- Guide
- Climbing equipment

EXERTION LEVELS

LOW  MODERATE  HIGH

For more information, contact Outdoor Recreation at outdoorrec@arizona.edu or (520) 621-8233.