Introduction to Skiing

Embark on a thrilling 3-day skiing adventure in Flagstaff, AZ, where snow-capped peaks and crisp winter air await! Our package includes expert ski lessons on the first morning, ensuring you’re geared up and ready to hit the slopes. With instruction taken care of, you’ll spend the next two days perfecting your skills and enjoying the exhilarating downhill thrills.

For more information, contact Outdoor Recreation at outdoorrec@arizona.edu or (520) 621-8233.

Packing List

- Ski jacket and pants
- Thermal or moisture-wicking base layers
- Insulating layers (fleece or down jacket)
- Waterproof gloves or mittens
- Warm hat and scarf
- Ski socks (pack extra pairs)
- Goggles or sunglasses with UV protection
- Waterproof and insulated boots
- Skis, poles, and bindings (or snowboard if you prefer)
- Ski or snowboard boots
- Any lifesaving medication
- Helmet
- Hand warmers (optional)
- Toiletry Items
- Sunscreen, lip balm
- Mobile phone and charger
- ID, wallet, and insurance information

* May be reserved from Outdoor Recreation at no additional cost.

Outdoor Provides

- Transportation
- Meals- From Sat morning to Sun afternoon
- Leadership and professional instruction from Snowbowl
- Cooking and camping equipment
- Lift tickets
- 25% off rentals from Snowbowl

Exertion Levels

LOW MODERATE HIGH

Itinerary

Subject to change

Day One:
- Meet at OR
- Drive to Flagstaff
- Eat dinner

Day Two:
- Breakfast, drive to ski mountain
- Get fitted for rental gear, group lesson
- Lunch and more skiing
- Return to cabin and dinner

Day Three:
- Breakfast, drive to ski mountain
- Skiing
- Lunch and more skiing
- Return rentals
- Head back to Tucson
- Dinner on the way home
- Return to OR

For more information, contact Outdoor Recreation at outdoorrec@arizona.edu or (520) 621-8233.