



OUTDOOR  
RECREATION

# HIDDEN CANYON

## EVENING HIKE



Escape campus and step into the quiet magic of a hike in Hidden Canyon, a part of Tucson Mountain Park. As the sun begins to dip, you'll wind through desert canyon walls, catching cooler temperatures, golden-hour light, and big sky views as day turns to night. This relaxed hike is all about slowing down—spotting desert plants, listening for wildlife, and watching the colors change as the stars start to come out. A perfect way to unwind, connect, and experience the desert from a whole new perspective.

### ITINERARY *Subject to change*

- Meet at Outdoor Recreation
- Drive to Trail head
- Hike
- Head back to Outdoor Recreation

### PACKING LIST

- Closed-Toe Shoes you are comfortable hiking in
- Extra Clothing Layers
- Rain jacket
- Spending Money
- Day pack\*
- 2 water bottles, 1 quart each
- Hat
- Sunscreen
- Personal lifesaving medication

*\* May be reserved from Outdoor Recreation at no additional cost.*

### OUTDOOR PROVIDES

- Transportation
- Leadership and instruction

### EXERTION LEVELS

