OUTDOOR RECREATION

MOUNT LEMMON CLIMBING

Join University of Arizona Outdoor Recreation for a climbing day trip on Mount Lemmon, a cooler alpine escape just outside Tucson. This trip introduces participants to outdoor rock climbing on Mount Lemmon's classic granite formations, Leaders will provide an into to climbing techniques, movement, and safety systems. Participants can expect climbing, belaying, and learning at a relaxed pace—no prior climbing experience required. This trip is a great opportunity to build confidence, try something new, and enjoy climbing in one of Southern Arizona's most popular mountain environments.

ITINERARY *Subject to change*

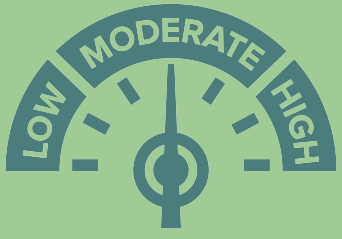
- Meet at Outdoor Recreation
- Drive to Mount Lemmon
- Climb
- Head back to Outdoor Recreation

PACKING LIST

- Comfortable, Athletic, closed toe-shoes
- Wear clothes you are comfortable wearing a harness in
- Extra Clothing Layers
- Rain jacket
- Spending Money
- Day pack*
- 2 water bottles, 1 quart each
- Hat
- Sunscreen
- Personal lifesaving medication

** May be reserved from Outdoor Recreation at no additional cost.*

OUTDOOR PROVIDES

- Transportation
- Leadership and instruction
- All climbing specific gear

EXERTION LEVELS