

MOUNT LEMMON

DAY HIKE



Join us for a scenic hike on Mount Lemmon, where cooler temperatures, mountain views, and pine forests offer a refreshing escape from the desert below. This guided hike is a great way to explore one of Southern Arizona's most iconic landscapes while building confidence on the trail and connecting with others. Expect steady hiking, beautiful overlooks, and time to enjoy nature at a relaxed, supportive pace. No prior hiking experience required—just come ready to move, explore, and enjoy the mountains.

ITINERARY *Subject to change*

- Meet at Outdoor Recreation
- Head to trail head
- Hike
- Head back to Outdoor Recreation

PACKING LIST

- Closed-Toe Shoes you are comfortable hiking in
- Extra Clothing Layers
- Rain jacket
- Spending Money
- Day pack*
- 2 water bottles, 1 quart each
- Hat
- Sunscreen
- Personal lifesaving medication

** May be reserved from Outdoor Recreation at no additional cost.*

OUTDOOR PROVIDES

- Transportation
- Leadership and instruction

EXERTION LEVELS

