

MULTI-DAY HIKING



Gear up for an unforgettable journey into the wild! Join us for a thrilling overnight hiking and camping trip where scenic trails, starry skies, and campfire stories come together for the ultimate outdoor experience. Whether you're chasing sunrise views from the mountaintop or roasting marshmallows under the stars, this adventure is all about reconnecting with nature, building friendships, and making epic memories. Let’s hit the trail!

ITINERARY (subject to change)

Day 1	<ul style="list-style-type: none">• Depart from Outdoor Recreation• Drive to campsite• 5 minute initiative, a chance to give back to the natural areas around us• Set up camp• Make dinner
Day 2	<ul style="list-style-type: none">• Wake up and make breakfast• Pack lunch• Drive to hike• Hike and eat lunch• Head back to camp• Eat dinner
Day 3	<ul style="list-style-type: none">• Eat Breakfast• Pack up• Hike• Head back to Outdoor Recreation

*For more information, contact Outdoor Recreation at outdoorrec@arizona.edu or (520) 621-8233

PACKING LIST

- 2 Pairs of wool/synthetic socks
- Hiking boots and camp shoes
- Wool/Polypropylene long underwear (top and bottom)
- 1 pair of shorts
- Long pants
- Short sleeved shirt
- Long sleeved shirt
- Wool/fleece sweater
- Winter Jacket
- Any personal lifesaving medications
- Toiletry Items
- 2 Water bottles (1 Liter)
- Camera (optional)
- Sunscreen, lip balm
- Sun hat
- Wool hat and gloves
- Sunglasses
- Money for meals en route
- Headlamp or small flashlight*
- Daypack*

*May be reserved from Outdoor Recreation at no additional cost

OUTDOOR PROVIDES

- Transportation
- Meals while camping
- Leadership and Instruction
- All trip-specific gear
- Sleeping bag
- Sleeping pad

EXERTION LEVELS

