



OUTDOOR  
RECREATION

# SKI AND SNOWBOARD MOUNT LEMMON



Join University of Arizona Outdoor Recreation for a ski day trip to Mount Lemmon and experience winter in the desert. This trip offers participants the chance to ski at Ski Valley, just over an hour from campus, with cooler temps, mountain views, and a totally different side of Southern Arizona. Perfect for beginners and first-timers, participants can expect a laid-back day on the slopes, help getting started, and plenty of time to learn, practice, and have fun in the snow. No prior skiing/snowboarding experience required—just bring your sense of adventure.

## ITINERARY *Subject to change*

- Meet at Outdoor Recreation
- Drive to Mount Lemmon Ski Valley
- Ski/Snowboard
- Head back to Outdoor Recreation

## PACKING LIST

- Comfortable, Athletic, closed toe-shoes
- Wear Warm Base Layers
- Wear ski pants/ ski jacket or waterproof outside layers (rain jacket and rain pants) and warm clothes underneath
- Extra Warm Layers
- Spending Money
- Day pack\*
- 2 water bottles, 1 quart each
- Hat
- Sunscreen
- Personal lifesaving medication

*\* May be reserved from Outdoor Recreation at no additional cost.*

## OUTDOOR PROVIDES

- Transportation
- Leadership and instruction
- Lift Pass
- Ski/Snowboard Rentals
- Ski/Snowboard Lesson

## EXERTION LEVELS

