



# Camp and Hike

# Grand Canyon National Park



Come join Outdoor Recreation for a scenic tour of the Grand Canyon! Venture to the beautiful Southern Rim of Grand Canyon National Park where we will spend the weekend camping in Mather campground, and doing various hikes in the park.

We will hike down a short section into the canyon, as well as explore some of the trails to overlooks along the rim of the canyon.

## Itinerary

Subject to change

### Day One:

- Meet at Outdoor Recreation (OR)
- Drive to Grand Canyon National Park
- Stop for food on the way
- Arrive at campsite, set-up camp
- 5-minute initiative, a chance to give back to the natural areas around us

### Day Two:

- Breakfast, pack a lunch
- Head to South Kaibab Trailhead and begin hiking
- Lunch at skeleton point
- Stop by the gift shop
- Return to campsite
- Eat dinner

### Day Three:

- Sunrise at Mather point with warm beverages
- Return to campsite for breakfast
- Pack-up and drive to Tucson
- Stop for lunch in Flagstaff
- Head back to OR

# PACKING LIST

- 2 pairs of wool/synthetic socks
- Hiking boots and camp shoes
- Wool/Polypropylene Long Underwear (top & bottom)
- 1 pair of shorts
- Long Pants
- Short Sleeved Shirt
- Long Sleeved Shirt
- Wool/fleece sweater
- Winter jacket
- Any personal lifesaving medication
- Toiletry Items
- 2 Water bottles (1 Liter)
- Camera (optional)
- Sunscreen, lip balm
- Sun hat/wool hat and gloves
- Sunglasses
- Money for Meals En Route
- Daypack\*

\* May be reserved from Outdoor Recreation at no additional cost.

# OUTDOOR PROVIDES

- Transportation
- Leadership and instruction
- Climbing equipment
- Food while on site
- Camping equipment
- Sleeping bag rated to 0 F
- Sleeping pad
- All trip-specific gear
- Headlamp or small flashlight

## EXERTION LEVELS

