Basics of Canyoneering
Windy Point

Learn the fundamentals of rapelling and canyoneering at the beautiful Windy Point, along the scenic Catalina Highway up to Mt. Lemmon.

Our skilled guides will lead the way, ensuring an unforgettable experience amidst ancient rocks and stunning city views. Get ready for an educational day filled with new experiences in a picturesque setting!

Itinerary
Subject to change

Day One:
- Meet at Outdoor Recreation (OR)
- Depart OR
- Arrive at Windy Point
- 5-minute initiative, a chance to give back to the natural areas around us
- Rappel off Windy Point
- Midday break for lunch
- Canyoneering
- Head back to OR

OUTDOOR PROVIDES
• Transportation
• Leadership and instruction
• All trip-specific gear
• Backpack
• Rappelling equipment

PACKING LIST
• Hiking boots/shoes
• Sun/quickdry shirt
• Rain jacket
• Camera (optional)
• Water bottles (2 Liters)
• Any personal lifesaving medications
• Sunscreen
• Wool/fleece jacket
• Lunch and snacks

* May be reserved from Outdoor Recreation at no additional cost.

For more information, contact Outdoor Recreation at outdoorrec@arizona.edu or (520) 621-8233.