

Leave No Trace Camp & Climb PACKING Mt. Lemmon



Join us for a one-night Leave No Trace (LNT) course tailored for rock climbers. Led by experienced instructors, this hands-on experience equips participants with essential skills to minimize environmental impact while enjoying vertical pursuits. Learn proper waste disposal, respect delicate ecosystems, and become a steward of responsible outdoor recreation.

Itinerary

Subject to change

Day One:

- Meet at Outdoor Recreation
- Drive up to Mount Lemmon
- 5-minute initiative, a chance to give back to the natural areas around us
- Climb
- Eat lunch
- Climb
- Set up camp
- Make dinner

Day Two:

- Eat breakfast
- Pack lunch
- Drive to climbing location
- Climb and lunch
- Head back to Outdoor Recreation

LIST

- Hiking boots and camp shoes
- Warm layers
- Any personal lifesaving medication
- Toiletry Items
- 2 Water bottles (1 Liter)
- Camera (optional)
- Sunscreen, lip balm
- Sun hat/wool hat and gloves
- Sunglasses
- Money for Meals En Route
- Headlamp or small flashlight*
- Daypack*
- * May be reserved from Outdoor Recreation at no additional cost.

OUTDOOR PROVIDES

- Transportation
- Climbing and camping equipment
- Food while on site
- Leadership and Instruction
- Camping equipment (Tents,
- sleeping bags, sleeping pads)
- All trip-specific gear

EXERTION LEVELS

