



# Intro to Canoe Patagonia Lake, Arizona



Enjoy a relaxing day on the lake as we paddle around a scenic desert lake! Lose yourself in the calming waters of the lake and learn the essentials for navigating and steering a canoe!

Skilled guides will ensure your trip is restful and educational, as you take a break from the city at this peaceful day canoe trip.

## Itinerary

Subject to change

### Day One:

- Meet at Outdoor Recreation
- Drive to the lake
- 5-minute initiative, a chance to give back to the natural areas around us
- Unload canoes and begin paddling
- Midday lunch break on a beach
- Paddle back to marina and load canoes
- Head back to Outdoor Recreation

## PACKING LIST

- Hiking boots
- Sandals/flip flops
- Warm layers
- Any personal lifesaving medication
- 2 Water bottles (1 Liter)
- Camera (optional)
- Sunscreen, lip balm
- Hat
- Sunglasses
- Lunch and snacks
- Daypack\*

\* May be reserved from Outdoor Recreation at no additional cost.

## OUTDOOR PROVIDES

- Transportation
- Leadership and Instruction
- Canoes
- Paddles
- Personal Flotation Devices (PFDs)
- Dry Bags
- All trip-specific gear

### EXERTION LEVELS

