



Intro to Snow Mount Lemmon



If you've never been skiing or riding or seen snow up close, this is the perfect trip for you. Outdoor Recreation has set up a day on the snow that is focused on the first-time skier or rider.

With the inclusion of gear and lessons in the morning, we've helped to ensure you're prepped and ready to hit the slopes for the first time.

Itinerary

Subject to change

Day One:

- Meet at Outdoor Recreation (OR)
- Drive to Mount Lemmon
- Arrive at Mount Lemmon
- 5-minute initiative, a chance to give back to the natural areas around us
- Head back to OR

PACKING LIST

- Ski jacket and pants
- Thermal or moisture-wicking base layers
- Insulating layers (fleece or down jacket)
- Waterproof gloves or mittens
- Warm hat and scarf
- Ski socks (pack extra pairs)
- Goggles or sunglasses with UV protection
- Waterproof and insulated boots
- Skis, poles, and bindings (or snowboard if you prefer)
- Ski or snowboard boots
- Any personal lifesaving medication
- Water bottles (2 Liters)
- Helmet
- Hand warmers (optional)
- Sunscreen, lip balm
- Mobile phone and charger
- ID, wallet, and insurance information
- Lunch and snacks

* May be reserved from Outdoor Recreation at no additional cost.

OUTDOOR PROVIDES

- Transportation
- Leadership and instruction
- All trip-specific gear
- Lessons
- Lift tickets

EXERTION LEVELS

