



# Backpacking Arizona Hot Springs



Experience the tranquility and natural beauty of the Arizona Hot Springs in Black Canyon on this unforgettable two-night backpacking adventure. Hike through the rugged and picturesque landscape, soak in the rejuvenating hot springs, and stargaze under the vast desert sky.

Explore the stunning trails of Black Canyon, surrounded by towering cliffs, vibrant wildflowers, and breathtaking views. Relax and rejuvenate in the natural hot springs, nestled in a secluded canyon setting. Experience the peace and quiet of the wilderness as you camp under the vast desert sky, far from the city lights. Keep your eyes peeled for a variety of wildlife, including desert tortoises, bighorn sheep, and various bird species.

## Itinerary

Subject to change

### Day One:

- Meet at Outdoor Recreation
- Drive to Boulder Beach Campsite
- Stop for food on the way
- Arrive at campsite
- Set up camp and check gear

### Day Two:

- Eat breakfast
- Drive to AZ hot springs trailhead
- Hike to the hot springs
- Arrive at the Colorado River and hot springs

- Eat lunch
- Hang out at camp & eat dinner

### Day Three:

- Eat breakfast
- Make lunch & hike out
- Drive back to Tucson
- Return to OR

## PACKING LIST

- 4 pairs of wool/synthetic socks
- Hiking boots and camp shoes
- Wool/Polypropylene Long Underwear (top & bottom)
- Shorts and long pants
- 2 Short Sleeved Shirts
- 2 Long Sleeved Shirts
- Mid weight wool/fleece jacket
- Heavy weight down or synthetic winter jacket
- Personal lifesaving medication
- Toiletry Items
- 3 Water bottles (1 Liter)
- Camera (optional)
- Sunscreen, lip balm
- Sun hat/wool hat, sunglasses
- Spare Batteries for Headlamp
- Money for Meals En Route
- Backpack\*

\* May be reserved from Outdoor Recreation at no additional cost

## OUTDOOR PROVIDES

- Transportation
- Food provided, while on site
- Entrance and Camp Fees
- Cooking and camping equipment
- Leadership and Instruction
- All trip-specific gear

### EXERTION LEVELS



For more information, contact Outdoor Recreation at [outdoorrec@arizona.edu](mailto:outdoorrec@arizona.edu) or (520) 621-8233.