



CAMPUS RECREATION

**OUTDOOR REC**

# Microadventure! Half-Day Climb



Spend a half day scaling new heights with our expert climbing guides! This introductory trip is perfect for those looking to learn the fundamentals of rock climbing in a supportive and inspiring environment.

You'll gain hands-on experience with climbing techniques, belaying, and safety, all while enjoying the beauty of the desert landscape.

Whether you're a beginner or have some experience, this half-day climbing trip promises adventure, challenge, and fun in equal measure.

## Itinerary

Subject to change

### Day One:

- Meet at Outdoor Recreation
- Drive to trailhead
- 5-minute initiative, a chance to give back to the natural areas around us
- Hike!
- Complete Hike
- Head back to Outdoor Recreation

## PACKING LIST

- Hiking boots
- Warm layers
- Any personal lifesaving medication
- 2 Water bottles (1 Liter)
- Camera (optional)
- Sunscreen, lip balm
- Hat
- Sunglasses
- Lunch and snacks
- Daypack\*

\* May be reserved from Outdoor Recreation at no additional cost.

## OUTDOOR PROVIDES

- Transportation
- Leadership and Instruction
- All trip-specific gear

### EXERTION LEVELS



For more information, contact Outdoor Recreation at [outdoorrec@arizona.edu](mailto:outdoorrec@arizona.edu) or (520) 621-8233.